

# James Lane

— Travel —

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## The Rockaway Hotel + Spa

*Photo by Kyle Knodell*

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The LINE Hotel. Photo by Chase Daniel

# The Itinerary

## A Weekend In Austin

By Jessica Mackin-Cipro

Following our recent trip to Austin, Texas to partner with Fyli and Nova Impact for International Women's Day at Soho House Austin (see following page), we were able to explore the city, while talking to those at our event about their favorite spots in town. We compiled it all to create our perfect itinerary for a weekend in Austin.

### Friday

**3 PM:** Check in at The LINE Hotel. Located where Town Lake meets downtown, the LINE Austin draws influence from the surrounding

natural beauty as well as the creative energy that feeds the city. It was once home to a jazz club in the late 1960s, making it part of downtown Austin history. Don't miss lakeside dining at Kristen Kish's Arlo Grey, open air drinks at P6, tacos from the beloved Veracruz All Natural and so much more... eating and drinking at The LINE could be a vacation all on its own.

**8 PM:** Dinner at Canje in East Austin for new age Caribbean cuisine. Highlights include the Tilefish and the Curry Wagyu Beef. Be sure to also try one of the unique cocktails like the T'i Punch.

**10 PM:** A cocktail at Higher Ground, a cocktail bar with "enlightened spirits with elevated soul." Try the Lust cocktail made with Altos tequila, Vida mezcal, lime, house made strawberry syrup, blackberries, and absinthe.

### Saturday

**10 AM:** We'll start the day with a cup of coffee from Cookbook Bar & Café, which is located within the Austin Public Library, and inspired by culinary publications. It is home to food editor Virginia B. Wood's Memorial Cookbook Collection, and there is access to 500 cookbooks.

**11 AM:** We'll continue the day with a little retail happiness. Hat Shopping at Maufrais on South Congress is a must-do during a trip to Austin, where they sell a wide variety of Stetson hats. You'll be sized and the hat will be shaped and you'll be able to customize and style it however you'd like with pins, feathers, and hat bands. While you're in the area, stop by Allens Boots to complete the look.

**12 PM:** If your dates line up with the Austin City-Wide Vintage Sale be sure to take advantage. The sale is located at the Palmer Events Center

and has served treasure hunters for decades.

**1 PM:** Lunch at Terry Black's Barbeque. Terry Black has passed down generations of barbecue knowledge to his twin sons Mike and Mark who run the location. Go for the brisket or rib eye.

**3 PM:** Next up, Waterloo Records & Video, a classic record shop that opened its doors in 1982. The shop hosts local and touring artists and record release parties, so be sure to check the schedule and modify itinerary accordingly.

**4 PM:** A stop in at Central Machine Works beer hall is a perfect spot for craft beer fans as they have an impressive menu of brews to be enjoyed in an elevated and beautifully renovated warehouse setting.

**7 PM:** Head to Congress Avenue bridge for the sunset and bat show. It happens to be home of the world's largest urban bat colony. Austin Bat Refuge provides direct care for the bats and also gives information about viewing spots and time predictions.

**8:30 PM:** Dinner at Red Ash Italia for handmade pastas, seafood, and locally sourced meats made on the

restaurant's custom-built wood-burning grill, oven, and plancha.

**10 PM:** We're off to The Continental Club, a legendary club that opened its doors in 1955, for a night of live music in the Live Music Capital of the World.

### Sunday

**11 AM:** Brunch at Taverna by Lombardi to indulge in Nutella pancakes or orange vanilla French toast.

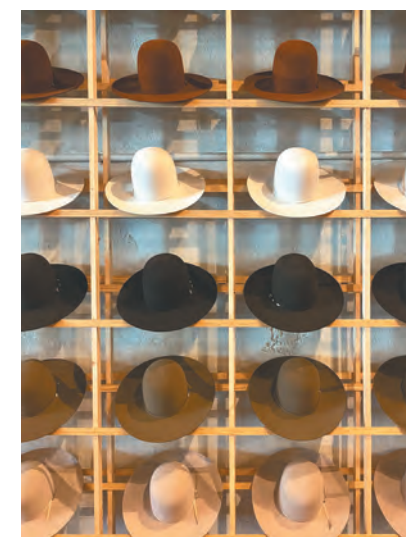
**2 PM:** Stroll the UMLAUF Sculpture Garden + Museum, which exhibits the work of artist Charles Umlauf and other visual and performing artists.

**5 PM:** A stop at Wanderlust Wine Co., the world's largest self-pour wine on tap winery — which is located in what was once an abandoned warehouse in the heart of the city — offering wines from around the world. The company's sustainable practices have cut down on waste to the tune of 24,000 bottles of wine.

**7 PM:** Dinner at Suerte in East Austin. It's an award-winning restaurant with a passion for masa, an ingredient that is at the heart of Mexican cooking.



The LINE Hotel. Photo by Chase Daniel



Above, Maufrais. Below, Terry Black's Barbeque.





*Above, photos by Stanley Steril. Below, photos by Kaitlin Saragusa/BFA*

## IWD

### Fylí's International Women's Day Celebration At Soho House

On Tuesday, March 8, Fylí Mastermind kicked off its global partnership with Soho House by hosting an International Women's Day Celebration at Soho House Austin along with partners Nova Impact and James Lane Post. It was a day of powerful conversations, thoughtful networking, and genuine support within the shared communities. The central theme of the IWD 2022 celebration was "Together We Rise: Renew, Inspire, Support, Empower."

Guests gathered in person at the new Soho House location in the heart of Austin, Texas — which was named the new start up capital by Tech Crunch in 2021. The full day of programming featured panels, fireside chats, and a film screening addressing the challenges faced by women of all walks of life, how they've overcome those challenges, and ways to uplift all women.

Highlights of the day included an opening keynote by Fylí advisor Susan Rockefeller, and the Women Who Are Radically Resilient and Owning Your Raise panels. Some of the panels were streamed globally via the Soho House app to over 200,000 members and are available for replay on the platform and on jameslane-post.com.

The day of panels was followed by an opening keynote by Fylí advisor Susan Rockefeller, and the Women Who Are Radically Resilient and Owning Your Raise panels. Some of the panels were streamed globally via the Soho House app to over 200,000 members and are available for replay on the platform and on jameslane-post.com.

their missions, and make their asks of the community at large. Empowering women to ask for what they want and need is a core component of Fylí's mission and all of their events encourage attendees to do just that.

Fylí (pronounced FEE-LEE) which stands for "tribe" is a female mastermind membership community focused on educational masterclasses, accountability, peer-to-peer mentorship, leadership advancement, and funding opportunities for early stage female founders. This business was started by co-founders Jaclynn Brennan and Yanyi Li out of a personal need to help create a network of resources, education, and 360 lifestyle support for female entrepreneurs.

"For all of us to be able to rise we need each other, and as we know from Fylí, we need women supporting women. Studies show that women set more ambitious life goals in the presence of other women they admire. Fylí is a community that catalyzes these relationships with mentorship, education, and access to capital. The International Women's Day celebration hosted by Fylí gave me hope and inspiration that together we can all work to realize our dreams for a better world," said Susan Rockefeller, a philanthropist, founder, and the editor of Musings.

The day began with a Meditation and Sound Healing Blessing by Krista Nerestant. Next up was the "Forging the Next Generation of



Leaders: Women Building the Impact Ecosystem" panel, which included Abby Pesek, Maria Yuan, and Gabby DeLeon. It was moderated by Nova Impact's Chelsea Toler and Olivia Dell.

Also moderated by Toler and Dell was the "Forging the Next Generation of Leaders: Investment, Philanthropy, and Galvanizing Community Toward Impact" panel, featuring Sheena Paul, Nike Anani, Acacia

Erhardt, and CS Freeland. The panel "The Power of Community, Collaboration, & Kindness" was moderated by Yvonne Nava, and included Andra Liemandt, Najah Clay, Rose Smith, and Amber Allen.

Fylí's panel, "Women Who Are Radically Resilient," was moderated by Jaclynn Brennan, and included speakers Janice Omadeke, Marisa Sechrest, Katia Zaitsev, and Crystal Berger. "Own Your Raise" panel was

moderated by Deanna Brown, and included Jill Klinvex, Wen Zhang, Alex Cox-Cuzzi, and Kelsey August.

The day's programming concluded with a selection of ConnectHER documentary shorts and a fireside chat with Alejandra Chando, Jo Jensen, and Lila Igram.

Event partners included Soho House Austin, Nova Impact, James Lane Post, Austin Woman, ConnectHER, and HerVoice.



Photos by Kyle Knodell

# The Rockaway Hotel + Spa

## Dining, Wellness, & Art

By Jessica Mackin-Cipro

**T**he Rockaway Hotel + Spa, located in the heart of Rockaway Beach in Queens, provides guests with an upscale, full-service experience, highlighted by its beautifully eclectic design, in an easily accessible location from the rest of New York City or the East End. It serves as a citified beach experience for surfers and cultural enthusiasts year-round.

The hotel is located steps away from the only designated surfing beach within New York City limits and provides guests a centrally located destination to gather and celebrate, while discovering the many restaurants and attractions that Rockaway Beach has to offer.

During the warmer months, The Rockaway Hotel + Spa creates a respite from the heat, offering hotel guests and locals alike a place to unwind. The hotel has partnered with Locals Surf School to offer year-round surf lessons for those looking to take advantage of one of Rockaway Beach's biggest draw — the waves.

After a day out on the water, guests can take a dip in the outdoor pool, relax in the infrared sauna, or enjoy a spa treatment from the Spa at The Rockaway Hotel.

The venue also offers a rotating roster of live music highlighting local talent from the surrounding areas. On Thursday, May 12, Underground System performs. On Sunday, May 29, Mike DelGuidice and Big Shot. And on Thursday, June 9, Sullivann + Half Waif is scheduled.

There are also no shortage of good eats. Dining includes Margie's, The Rooftop, and Greenhouse Cafe.

Margie's offers a menu of reinvented American classics, located on the ground floor of the hotel. The menu is simple and delicious, with fresh, seasonal ingredients. Try cocktails like the EZ-Pass which includes Tito's, lavender, lemon and club soda, or the

Rosebud cocktail with Victoria pink gin, velvet falernum, amaro nonino, lemon, and prosecco.

At The Rooftop, guests will enjoy weekend brunch or dinner. Menus feature health-conscious seafood dishes, light bites, sandwiches, and salads.

Greenhouse Cafe at The Rockaway Hotel + Spa strives to make an impact on its immediate surroundings, crafting coffee and tea, sourcing the best products, and showcasing artist's work in their open-concept space.

The hotel has also partnered with Art For Change, which connects socially conscious collectors with accomplished contemporary artists. Limited-edition artwork by both locally and internationally renowned artists can be found in select guest rooms and throughout the hotel. Art For Change donates a percentage of the proceeds from art purchases to relevant non-profits. The community initiative aims to also chronicle the area's history, and also shine a spotlight on social and environmental issues.

To cut down on plastic usage, the hotel offers water stations throughout and rather than a plastic water bottle for sale in each of the rooms, the hotel offers aluminum bottles that are meant to be reused.

You'll also find wellness activations and daily wellness classes at the hotel, which include sculpt and yoga. Classes are included in hotel guest's daily resort fee. From May to October that resort fee also includes a welcome drink, bicycles, beach chairs, umbrellas and sunscreen, unlimited wifi, morning coffee and tea, pool access, beach towels, priority rooftop access, and personal concierge services.





# Egypt

## Five Reasons You Should Visit in 2022

By Vanessa Gordon



Nubian Village cuisine.

of Luxor. They were part of an excavation team that is working to potentially expand on sites near the recent Lost Golden City discovery. Plus, there are many famous relics still to be potentially unearthed from the tomb of Nefertiti to burial location of Thutmose II.

### You Will Want to Visit Again (And Again)

My family and I left Egypt with an even stronger desire to visit sooner than I could anticipate. Though we uncovered so much in 10 days from touring the Valley of the Kings to exploring the Temples of Philae and Nubian Village, there is still so much to see and do. Sites and regions I would love to explore during my next trip include a visit to the Red Sea coastline, exploring the White Desert and the salt lakes, and traveling near the border of Sudan to witness the Abu Simbel temples.

During your first trip, allow for between at least eight to 10 days with three days in Cairo, three in Luxor, and two in Aswan, as a recommendation. Bring extra pairs of sunglasses, a hat, and sturdy footwear and get ready for the trip of a lifetime!

Whether you have always wanted to take that coveted week-long cruise along the Nile or see the Pyramids of Giza, Egypt is one of the top 10 countries to visit in 2022, according to Lonely Planet's Best in Travel. I visited Egypt for the first time in January of this year after planning and saving for the 10-day trip of a lifetime for almost a year. From discovering some exceptional dining experiences in Cairo and Luxor to traveling as a family and safety measures, I share five of many reasons why you should mark this year's calendar with a trip to Egypt.

### The Cuisine is Outstanding

Egyptian cuisine encompasses some recognizable dishes like baba ghanoush, hummus, and baklava with their own spin when it comes to taste and preparation. For instance, the hummus may be flavored with a variety of local spices or be incorporated into a local favorite for breakfast. Ful (pronounced 'fool') is one of the popular dishes you may find being served at breakfast. It is made with cooked fava beans, tomatoes, olive oil, garlic, and mint. Dip in to ful with ancient Egyptian flatbread, aish baladi.

For dessert, try kunafa, a perfect alternative to baklava. Kunafa, a notable dessert to enjoy during Ramadan, is made with shredded phyllo dough, cheese, and a sweet simple syrup. It may also contain fruit like dates or mangoes and chocolate. When in Egypt, a great neighborhood to stroll through and do some food shopping is Zamalek. This neighborhood is home to dozens of small businesses, and you will find yourselves surrounded by local Egyptians and away from the tourists.

### Egypt is Much Safer Than You Think

The 2011 uprising and revolution put a sudden halt to tourism. This significantly impacted the industry for the entire country for a couple of years. With regards to tourism today, visiting and traveling within Egypt is considered safe. During my trip, I never once felt concerned for my or my family's safety or felt uncomfort-

able in any sort of situation, whether in the airport, walking around major tourist attractions, or walking through the local neighborhoods.

The main situation to address is to be aware of any sort of tourism scams. An example may be if you come across someone who may be trying to upsell you tickets to a museum or the pyramids, tries to persuade you to take a ride from them at the airport when you are trying to coordinate transportation, etc. The best advice is to work with a travel agent/advisor or booking agency that will arrange for transportation, tickets, accommodations in advance of your trip. And remember, when in doubt, do not proceed and instead refer to your guide/booking agency. With regards to gratuities, tipping is very common across Egypt. We arranged for our tour guide to handle any and all necessary tipping throughout the trip, so we did not have to carry money and loose change in our pockets.

### Egyptians Love Children

It was so adorable to see all the interactions between my two young children and all of the locals we met throughout our trip. Even though most of the local families we met did not speak English, they loved saying hello to my children and playing with them through friendly interactions. Children are widely accepted at restaurants, and businesses are very accommodating. We visited the Mall of Arabia in Cairo which gave them an opportunity to visit a local play place and do some shopping. And while walking around the pyramids and temples in Luxor and Aswan, it was not uncommon for other moms to say hello to our children and ask if we could all take a photo together. They were very friendly, and it was so nice to have these regular interactions with locals.

### There is Still So Much Being Discovered

Even with over 4,500 years of history, there is still so much that is to be discovered and is currently being excavated across Egypt. For instance, my family and I met several archeology students from the University of Chicago at a boutique hotel outside



Kris Gordon and Ben Gordon Pyramids of Giza.



Aswan.



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