

James Lane

— POST —

Fall 2023

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Carrie Preston

Honored At This Year's North Fork TV Festival

By Jessica Mackin-Cipro



Photo by Elizabeth Goodenough/
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The North Fork TV Festival will return with in-person screenings for the first time since the Covid-19 pandemic. The festival is a celebration of independent scripted television and provides a platform for emerging creators. Events will take place on Saturday, November 18 at the Borghese Vineyard in Cutchogue, and the Sound View Hotel in Greenport.

The recipient of this year's Canopy Award is Emmy Award-winning actress Carrie Preston. The Canopy Award honors a member of the New York television community and its recipient champions the creative ambitions of diverse storytelling through their persistence, integrity, and inclusive nature. Past honorees include J. Smith Cam-

eron, Jeremy Sisto, Kelsey Grammer, and Aida Turturro. Preston will be introduced by her husband and Emmy Award-winning actor Michael Emerson. There will also be a Q&A with Carrie moderated by actress Jenn Lyon.

"We are honored to have Carrie Preston as this year's recipient of the Canopy Award," said festival founder Noah Doyle. "Preston is the embodiment of what this award stands for. Carrie's artistic range, involvement in front of and behind the camera, and magnetic presence as an actress makes her a no-brainer when it comes to this award. Over the years, Carrie has been a distinctly powerful voice within New York's television landscape, which is what the North Fork TV Festival aims

to highlight each year."

Preston's TV credits include "Claws," "True Blood," "Person of Interest," "Crowded," "When We Rise," "Brockmire," "Dr. Death," "Lost," and "Desperate Housewives." In film, she has appeared in "My Best Friend's Wedding," "Duplicity," "Vicky Cristina Barcelona," "Transamerica," "That Evening Sun," "One of These Days," "To The Bone," "Space Oddity," and "THEY/THEM."

Trained at Juilliard, Preston made her Broadway debut playing Miranda to Patrick Stewart's Prospero in "The Tempest" and later played Honey with Stewart and Mercedes Ruehl in "Who's Afraid of Virginia Woolf?" at The Guthrie Theater.

Preston lives in New York City with her husband Michael Emerson and their adopted dog, Chumley. In her free time, she supports LGBTQIA+ rights and GLAAD, is an honorary board member for the new play development organization, the New Harmony Project, and is a supporter of Parkinson's research.

We caught up with Preston to learn more.

You're the recipient of this year's Canopy Award at the North Fork TV Festival. Can you tell us about this honor and what it means to you?

First of all, to be thought of for any award is always a surprise and

an honor, and I certainly don't take it for granted. This particular award highlights qualities that I strive to bring to all of my work: integrity, persistence, collaboration, independence, and the importance of supporting diversity in storytelling. I think we are at an exciting time right now with the quality (and quantity) of stories being told on television and the audiences that are craving to hear them. I have been trusted with some wonderful roles as an actor in projects that have hopefully helped illuminate parts of society that might not have otherwise had as much attention. And the same can be said for my work as a director. I always try to honor, elevate, and celebrate the human condition through my work, and to be singled out for that is wonderful

and also very humbling.

What are you most looking forward to at this year's festival?

I am excited to see the independent TV pilots that the festival is highlighting and to celebrate the artists that brought them to light. I find that a lot of the most thrilling things happening in storytelling take place in the independent space. The artists are so passionate about their pieces that they take matters into their own hands and move mountains to make them happen. Having done a lot of independent projects myself, I know what goes into bringing those dreams to life, so I want to support these other fellow indie creators and enjoy and praise their work.

Do you visit the North Fork of Long Island often?

I confess that I have lived in New York for over 30 years and have never been out to the North Fork! I have heard nothing but positive things about the natural beauty of the area, the exciting cultural offerings, and the hospitality of the people there. So I'm looking forward to exploring the area and taking in what it has to offer. Also, my husband (Michael Emerson) and one of my best friends (Jenn Lyon) will be with me when I come, and they haven't been there either. So we all plan to be intrepid together!

Do you have any places that you look forward to visiting while you're in town?

I'll be staying in Greenport and cannot wait to put my feet in the sand at one of the many beaches. I'm looking forward to strolling along the streets of the village and stopping into some shops and galleries and also taking in the sights along the waterfront and in Mitchell Park. And also relaxing at the Special Effects Salon and Spa for some glam time with Jenn before our event at the North Fork TV Festival.

You support LGBTQIA+ rights and GLAAD, the New Harmony Project, and Parkinson's Research. Can you talk a little about some of the philanthropic work you do and why it's important to you?

I do my best to cultivate compassion in my daily life. And giving time, money, and energy to organizations that are working to bring about positive changes in the world is important to me. I support LGBTQIA+ rights because it's a community that I have always felt a part of, and at this point in time the community is simultaneously very visible and extremely vulnerable, so I want to do my part to help protect and strengthen it in whatever way that I can.

The New Harmony Project is a new play/screenplay development organization I've been supporting for decades. I believe stories can change the world, and that begins with great writing. Writers need support in bringing about those life changing scripts, and the New Harmony Project is one of the most unique and special organizations dedicated to doing just that.

As for Parkinson's research, since my father passed away from complications around that disease, it is a cause that sits very close to my heart. There are so many strides being made in that field, and I want to do what I can to support the continuation of that research.

Individual tickets to screenings can be purchased at northfork.tv. Festival passes start at \$200.



"Maestro." Carey Mulligan as Felicia Montealegre and Bradley Cooper as Leonard Bernstein. Photo by Jason McDonald/Netflix.

Hamptons International Film Festival

Here's The Lineup For The 31st Year

The 31st annual Hamptons International Festival will kick off on October 5 and run through October 12.

The festival will open with the East Coast premiere of Jimmy Chin and Elizabeth Chai Vasarhelyi's narrative feature debut, Netflix's "Nyad" on October 5. The film, which stars Academy Award nominee Annette Bening, Academy Award winner Jodie Foster, and Rhys Ifans, tells the remarkable story of American marathon swimmer Diana Nyad (Bening), and is based on Nyad's 2015 autobiography "Find a Way."

Closing Night will host a presentation of Bradley Cooper's "Maestro," a towering and fearless love story chronicling the lifelong relationship between Leonard Bernstein and Felicia Montealegre Cohn Bernstein. A love letter to life and art, "Maestro" at its core is an emotionally epic portrayal of family and love. The film marks Bradley Cooper's second directorial film after "A Star Is Born." Cooper stars in the film alongside Carey Mulligan, Matt Bomer, Maya Hawke, and Sarah Silverman.

"Maestro" is a beautifully crafted, raw, and heartfelt film. We look forward to sharing this glimpse into the love story between Leonard Bernstein and Felicia Montealegre Cohn Bernstein," said HamptonsFilm Executive Director Anne Chaisson. "We are thrilled to have Bradley Cooper's next directorial outing after 'A Star Is Born' as the closing film."

Signature programming includes the popular "A Conversation with..." series. The series will include a talk with Paul Simon, who will attend on behalf of Alex Gibney's "In Restless Dreams: The Music Of Paul Simon," screening as this year's Centerpiece presentation, and marking the New York premiere of the film. Directed by Gibney, the documentary is the definitive portrait of Paul Simon that follows him inside the studio as he makes his new album "Seven Psalms," while also looking back on his six-decade, Grammy Award-winning career with countless musical peaks from "Sounds of Silence" to "Graceland." The conversation series also includes Academy Award-nominated filmmaker Todd Haynes who will attend the festival on behalf of Netflix's "May December," and

will receive the festival's Achievement in Directing Award.

Filmmaker Celine Song will attend the festival for a special screening of her latest narrative feature "Past Lives," and will receive the festival's Breakthrough Artist Award. The film follows two deeply connected childhood friends who drifted apart after one's family emigrated from South Korea, as they reunite for one fateful week as they confront notions of love and destiny.

"It is an honor to host so many talented filmmakers and artists as they share their stories with our film-loving community, including the legendary Paul Simon and accomplished filmmaker Celine Song," said HamptonsFilm Artistic Director David Nugent.

Spotlight titles include the New York premiere of Sony Picture Classics' "A Little Prayer," directed by Angus MacLachlan; the East Coast premiere of MGM Studios' "American Fiction," Cord Jefferson's directorial debut; the New York premiere of A24's "Dream Scenario," written and directed by Kristoffer Borgli; Neon's "Eileen" directed by William Oldroyd;

the North American premiere of "Ex-Husbands," directed by Noah Pritsker; the East Coast premiere of Apple Original Films' "Fingernails," directed by Christos Nikou; the East Coast premiere of Focus Features' "The Holdovers," directed by Academy Award-winning director Alexander Payne; the US premiere of Hulu's "Quiz Lady," directed by Jessica Yu; "All Of Us Strangers," directed by Andrew Haigh; the East Coast premiere of Netflix's "Rustin," directed by George C. Wolfe; A24's "The Zone Of Interest," directed by Jonathan Glazer; Finn Taylor's "Avenue Of The Giants;" Brendan Walsh's "I'll Be Right There;" and Todd Haynes' "May December."

Spotlight film "Fresh Kills," directed by Jennifer Esposito and starring Esposito, Emily Bader, Odessa A'zion, and Annabella Sciorra, follows the story of the loyal women of an organized crime family that dominated some of the boroughs of New York City in the late 20th century. Esposito is scheduled to attend the festival and will participate in a post-screening conversation on the film. The film will also screen as part of the Views From Long Island signature program.

Others in the Views from Long Island section include "Mary Heilmann: Waves, Roads, & Hallucinations," directed by Matt Creed, which invites viewers into the extraordinary life of artist Mary Heilmann, who ranks amongst the most influential American abstract painters of her generation, and the world premiere of "These Days," directed by Junior Gonzalez, a docudrama about Jay, a 15-year-old talented artist trying to understand his own journey in life.

As part of this year's the Air, Land, and Sea section, films include "Common Ground," directed by Josh Tickell and Rebecca Tickell, which profiles a hopeful and uplifting movement of white,

black, and indigenous farmers who are using alternative "regenerative" models of agriculture. The world premiere of "Silent Fallout: Baby Teeth Speak," directed by Hideaki Ito, unveils the shocking legacy of nuclear testing in the US and will include a post-screening discussion led by HamptonsFilm board member Alec Baldwin. The East Coast premiere of HBO's "Trees And Other Entanglements," directed by Irene Taylor, follows the entangled lives of people and trees they love grow in a contemporary tale of time and our connections to the natural world and one another.

The 31st edition of the festival will also feature a lineup of documentary and narrative competition titles, and short film sections. The US premiere of documentary feature film "Rowdy Girl," directed by Jason Goldman, follows a former Texas cattle rancher who, unable to cope with the cruelty of animal agriculture, transforms her husband's beef operation into a farmed animal sanctuary. The North American premiere of documentary feature "Wilding," directed by David Allen and based on Isabella Tree's best-selling book by the same title, tells the story of a young couple who bets on nature for the future of their failing, 400-year-old estate. The US premiere of the documentary short film "Happy," directed by Laura Rindlisbacher, follows a historic court case about Happy the elephant, who was captured as a baby and has been confined for the past 40 years.

Films in this year's festival are 49 percent female-directed and represent 42 countries from around the world. The festival will screen 70 features and 46 shorts with eight world premieres, three North American premieres, 11 US premieres, 13 East Coast premieres, and eight New York premieres.

Visit hamptonsfilmfest.org.

New York Women In Film & Television



New York Women in Film & Television is partnering again with the Hamptons International Film Festival for its annual Sunday brunch and a co-presentation of the "Filmmakers Calling the Shots" short film showcase — all in celebration of the outstanding achievements by women and nonbinary filmmakers at the festival.

The Women's Filmmakers Brunch will be held again at the Mulford Farm in East Hampton from noon to 2:30 PM on Sunday, October 8. James Lane Post is the media sponsor for the event.

Afterward, NYWIFT's 19th annual film showcase will be shown at Regal UA East Hampton Cinema at 4 PM.

This year's short films include "Black Girls Play: The Story of Hand Games," directed by Michèle Stephenson and Joe Brewster. The film shines light on the origins of the hand games that young Black girls have played for generations, and their influence on music, dance, and community across the American creative landscape.

Also showing, "Goldilocks," directed by Meryl Jones, in which two siblings learn a painful lesson when one secretly pursues the other into the woods in search of an elusive mountain lion.

"Halmoni's Pot (Grandma's Pot)" tells the story of a loving grandma (halmoni) who reluctantly agrees to buy pot for her grandson. But pay full price? Never! Directed by A. Lauren Lee.

World-renowned ballerina and icon Misty Copeland stars in and produced "Flower," directed by Lauren Finerman. This movement-based piece seeks to highlight intergenerational struggles and the effects of the housing crisis.

Finally, Maya Tanaka's "Honolulu" features flaming lobsters, menstruation woes, sunburns, and family scuffles that plague 12-year-old Yuki's doomed Hawai'ian beach vacation with her aloof father and her elegant grandmother.

The brunch is sponsored by Tito's Handmade Vodka, Barrie House Coffee Roasters, and Freixenet. Tickets for the brunch are available online at nywift.org/events.

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Frasier: The Next Chapter Begins

By Bill McCuddy

Dr. Frasier Crane loves opera. Kelsey Grammer, not so much. In fact, he laughs out loud at the question. “No, not even close, I saw some as a kid,” Grammer reveals during a chat at a Hamptons watering hole. He has an upstate New York beer, called Faith — the name of one of his seven children — which brought him to the East End, one of several celebs this past summer who made appearances to pour and discuss their spirited brands.

The North Fork TV Festival’s programming will feature Frasier: The Next Chapter Begins — A Conversation with Tom Russo on November 18. The “Frasier” Emmy-nominated executive producer will participate in a Q&A about the Emmy-winning series’ return to television this fall. The event will take place at Sound View in Greenport and will include an episode screening of the Paramount+ original series, which premieres on October 12.

The Paramount+ original series “Frasier” stars Grammer, who reprises his Emmy-Award-winning role as Frasier Crane. Filmed in front of a live studio audience

at Paramount Studios in Los Angeles, the new series follows Frasier Crane in the next chapter of his life as he returns to Boston with new challenges to face, new relationships to forge and an old dream or two to finally fulfill. This fall marks 30 years since the original Frasier first premiered on television.

Kelsey, tell us about your early days training as an actor.

Shakespeare was my first love. And I love ballet. And I didn’t know much about opera until I started playing Frasier. I caught on a little more there. But even as a kid attending Juilliard, I would sneak into the second act over at the Met. A season ticket holder would hand us a couple of tickets. Fourth-row center. And we finished it up because they were leaving.

What do you miss most about Long Island?

I had many friends in the Hamptons and still do. I spent a good deal of time with Joe Farrell. I bought one of his homes. It was

another life. I actually wanted to stay in the Hamptons but the way the divorce went, it just wasn’t going to be nice. But I loved just biking around. I used to ride my bike everywhere. The one thing I’ve always thought about the Hamptons — at least from my side of the equation — is that people respected the fact that you had accomplished something. That you were a person of note in whatever circle you had chosen. And I always liked that about the Hamptons.

When was the last time you had tossed salad and scrambled eggs?

(Laughs.) Never had it.

Was that planned? You singing the closing credits song on “Frasier”?

I had said years before we started working on the show that I always wanted to sing a theme song. And when we sent out the pilot, we used the Joni Mitchell’s “Twisted” with “My analyst told me…” and we thought “Something like that.” And then I threw a kind of bluesy jazz singer idea at it and it worked out pretty well.

Speaking of worked out pretty well, when you walked on to the set of “Cheers” for a guest shot in 1984, would you have ever imagined that you would portray one of the longest-running characters in television?

I did not think that. But I thought Frasier had a shot at being a significant contribution to our culture, and that’s turned out okay. And as far as “longest running character” I think I’m now beaten by Mariska Hargitay.

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Julie Ratner

The Co-Founder & President Of The Ellen Hermanson Foundation

By Jessica Mackin-Cipro

The Ellen Hermanson Foundation held its 28th annual run in Southampton this summer, along with its annual gala. The foundation has been working for decades to ensure all East Enders have access to state-of-the-art breast healthcare.

Co-founded by Julie Ratner and her sister Emily Levin, the foundation was created in honor of their younger sister, Ellen, who died of breast cancer at the age of 42.

In honor of Breast Cancer Awareness Month we share our conversation with Ratner about Ellen's legacy and the foundation's mission today.

Tell us about your sister Ellen Hermanson and her work as an advocate and activist against breast cancer.

My sister, Ellen Hermanson, was an articulate, courageous, and indomitable warrior in the war against breast cancer. Her personal battle with the disease began in February 1989, when she was diagnosed with stage four breast cancer while still nursing her six-month-old daughter. Ellen fought against her disease medically by undergoing surgery and aggressive chemotherapy.

Ellen also fought against breast cancer by becoming an activist and advocate. A journalist by training, she used her prodigious talent as a writer to give voice to the needs of breast cancer survivors and to educate her readers about the importance of being well informed,

the challenges of living with breast cancer, and the availability of resources to help with the myriad problems that arise as a result of a breast cancer diagnosis. Her remarkable accomplishments attest to her extraordinary inner strength and selfless generosity.

Ellen became an active member of the National Coalition for Cancer Survivorship (NCCS), which advocates for survivors of all types of cancer. Later she served on its board and edited its quarterly newsletter, *The Networker*. When Ellen looked to her own heritage for spiritual support and sustenance, she found that what she sought did not exist. Instead of bemoaning this lack, Ellen became one of the founders of the Jewish Healing Center. She also served as the organization's founding executive director and the first editor of its newsletter, *The Outstretched Arm*.

In the spring of 1992, Ellen was appointed the first executive director of the Judges and Lawyers Breast Cancer Alert. Ellen coordinated and organized their annual October symposium, bringing together doctors and lawyers to tackle cutting-edge issues in health law and policy confronting cancer patients. In the fall of 1992, Ellen was diagnosed with a recurrence of her disease, this time in her bones. Ellen continued her work. Although she underwent chemotherapy, and would remain on chemo for the rest of her life, her condition worsened. Ellen's many projects included editing the Annual Report of Memorial Sloan-Kettering Cancer Center for 1993. In November 1994, Ellen delivered

an important speech entitled "One Patient's Pain" at the NCCS annual conference. Though she was weak, barely able to walk, and facing hip replacement surgery, her doctors agreed to delay the surgery until after the conference. It was at this conference that Justice Sandra Day O'Connor spoke of her breast cancer.

Ellen lost her hard-fought battle with breast cancer on April 11, 1995, at the age of 42. She was working on an article exploring the then new and exciting potential of the Internet as a source of information and sharing for patients and their families. Ellen left a legacy of dignity, courage, determination, grace, and love to all who knew her. To honor her memory, and ensure that her young daughter would always know that she had a very special mother, The Ellen Hermanson Foundation was established to support and continue the important work she began.

Can you tell us about the mission of the Ellen Hermanson Foundation and the work you do on the East End?

The mission of The Ellen Hermanson Foundation is "to ensure access to state-of-the-art breast healthcare and empower people affected by cancer."

The foundation has worked tirelessly to operationalize our mission and make it a living legacy in the East End community. Covid, with all its terror and upheaval, provided the Foundation with an opportunity to re-examine our mission.

In 2022 we launched The Ellen Hermanson Foundation Community Partnership to address the glaring inequities in access to breast health care. Together with Stony Brook Southampton Hospital, The Bridgehampton Child Care and Recreational Center,

OLA (Organización Latino-Americana), The Retreat – All Against Abuse, and the Shinnecock Health Center, we created a program to reach women who historically have not had access to breast health care. A diverse population — women of color, undocumented, economically challenged and living in abusive relationships, many of these women lack the resources to access the health care system often at the expense of their own health.

Additionally, the foundation continues to fund the latest technology at The Ellen Hermanson Breast Center. Designated A Breast Imaging Center of Excellence by the American College of Radiology, the Ellen Hermanson Breast Center is equal to the finest teaching hospitals in an academic/urban setting. To maintain this position, the foundation established a technology fund toward the purchase of a new Tomosynthesis Mammog-

raphy Machine — a major focus of this year's fundraising. Like all technology, it comes with a steep price tag. With a core belief that access to health care is a human right, we are committed to providing this necessary technology so that quality breast healthcare is available in our community.

Aside from the run and the gala are there any other ways for the community to support the Ellen Hermanson Foundation?

Aside from the gala and run, we always welcome financial support throughout the year, and volunteers who come to our events representing the foundation with their unique warmth and enthusiasm. Fundraising is a year-round activity and we like to offer our donors opportunities to be involved. We happily accept suggestions for new and exciting ways to reach out to the community.



Photo by Sean Zanni/PMC

James Lane

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Editor's Note

Welcome to our fall issue. We treasure this time of year on the East End. There is a lot coming up that we're excited about, including the Hamptons International Film Festival and the North Fork TV Festival. You can find out everything you need to know in this issue to navigate the happenings of each.

We hope that you enjoy the features that line these pages, from in-depth interviews to photo recaps of events.

Grab a tea, coffee, or glass of wine and enjoy the read.

Jessica Mackin-Cipro
Editor-in-Chief,
James Lane Post



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Film Festival Fashion At Derek Lam

Styling Anne Chaisson, Executive Director Of The Hamptons International Film Festival

By Lisa Frohlich of Hamptons NY Style

The Hamptons Film Festival is my favorite time of the year because it combines my two passions: film and fashion. Each October, people travel from all over the world to gather in the Hamptons for the arts and culture event of the year. Film enthusiasts and celebrities whirl in and out of cinemas in chic and versatile ensembles. Recently at Derek Lam in East Hampton, I had the opportunity to style Anne Chaisson, Executive Director of the Hamptons International Film Festival. Anne was a delight to work with because she was open to mixing and matching pieces, and experimenting with different colors and fabrics. Here are some of the fashion tips that I shared with Anne so that she could look effortlessly stylish while staying comfortable throughout the festival's diverse schedule of activities.

Screenings = Casual Comfort

It's all about ease and relaxation when you are sitting in a theater for screenings. I recommend comfortable trousers or dark denim. Darker washes tend to be a bit dressier than lighter washes. Pair your trousers with a blouse or cashmere sweater. Low, block heels are best for walking, especially if you are out all day and making a few stops. A reliable look for a fall festival is a tweed blazer, silk blouse or camisole, paired with dark jeans. Add cool boots or booties to complete the outfit.

Receptions = Dress to Impress

Receptions are the time to elevate your look because you could be meeting industry professionals. Mid-length cocktail dresses in a satin-like material are good choices. Floral prints don't need to disappear once summer is over. Try a printed shirt dress in a darker tone paired with an ankle boot or wedge. Elevate your reception look with a silk scarf or wide statement belt.

Galas = Statement Ensembles

A film festival gala is the time to showcase your style for the main event. I recommend a mid-length to maxi-length dress, and definitely add some heels for this event. I'm a big fan of statement jewelry, like a chunky necklace or fun pair of earrings. I also tell clients that a unique brooch pinned to your dress or jacket lapel can grab attention and facilitate conversations.

Spice Up Your Outerwear

I love a statement jacket or cape, like the Kyra Cargo Pocket Cape, at a film festival because you will spend time waiting outside in line and walking to lunch or your next film. A chic coat can be an outfit in itself and also easy to peel off once you are inside the theater. Underneath your coat I would pair a blouse or cashmere sweater with some comfortable trousers.

Cozy Knit Dresses

You can never go wrong with a sweater dress for Hamptons Film Festival, like this Becky Raglan Horsebit Sweater Dress, because it's the perfect balance between casual and dressed up. Sweater dresses are also comfortable if you are sitting in a theater for two hours. You can pair your dress with a cropped blazer or leather motorcycle jacket if you need to layer up for a cool day.

Monochromatic Dressing

Wearing all one color is a strong choice because it is an easy way to look polished with minimal effort. Deep reds and burgundy are key for fall, so I recommend a coated leather pant with a coordinating sweater, like the Ryan Puff Sleeve Sweater. Monochromatic dressing is also a flattering strategy. An all-navy ensemble is a great alternative to black. "Chelsea Boots" are offered by many fashion brands each year, and are typically ankle length with a chunky, comfortable heel. They are an easy, universal boot to travel with, and pair nicely with skirts, jeans, and trousers.



Anne Chaisson and Lisa Frohlich outside Derek Lam in East Hampton. Anne is wearing the Elizabeth Peplum Jacket and Robertson Flare Jeans. Lisa is wearing the Franklin Double Braided Jacket and Robertson Flare Trousers.



Becky Raglan Horsebit Sweater Dress, \$550; dereklam.com



Kyra Cargo Pocket Cape, \$795; dereklam.com



Ryan Puff Sleeve Sweater, \$365; Mira Front Slit Crop Flare Jeans, \$275; dereklam.com



Lisa styling Anne in the Kenza Pleated Midi Shirt Dress. (right)

Anne trying on the Junia Rouched Sleeveless Midi Dress. (far right)



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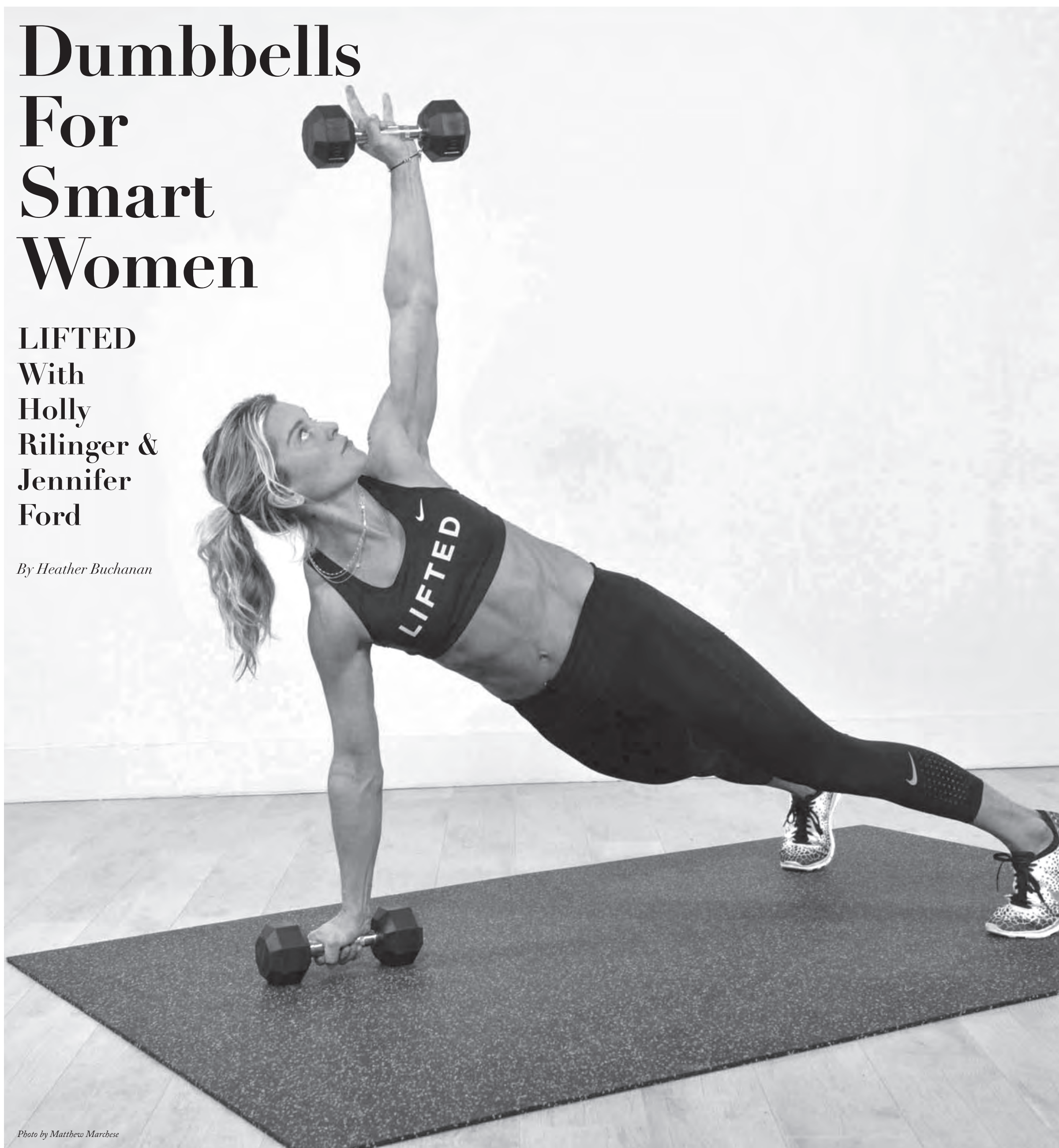


Photo by Matthew Marchese

The New York Times recently ran an article about research which drew a connection between weight training and not only building muscles but shrinking fat. This involves a “conversation” between the muscle cells and fat cells. Battling the dreaded belly fat, we imagine this conversation goes something like, Fat Cell: “Hey Muscle Cell, great work out, how about heading to happy hour with half price chardonnay and fried calamari. And oh, I want to be sure to bring my new BFF Cortisol.”

In the study the conversation was more like, Muscle Cell: “Hey Fat Cell, no more hoarding. It’s time to break yourself apart faster than a Hollywood marriage.”

While some women have been shy of heavy weights, leaving it to burly men at the gym, others are embracing the workouts as a total metabolic shift. Leading ladies of fitness Holly Rilinger and Jennifer Ford of LIFTED in East Hampton weigh in (sorry, couldn’t resist).

Rilinger says, “The research is more evident than ever — lifting weights is going to promote muscle gain and help you preserve muscle mass. It is one of the best ways to regulate your body composition no matter what age you are. The more muscle you have on your body the higher your metabolism. It’s never too late.” In

fact, the demographic of LIFTED is women in their 40s, 50s, 60s, and 70s and Rilinger works with modifications to “meet you where you are.” Her holistic approach includes meditation, stress reduction, nutrition, and good sleep.

As a professional athlete, star trainer, and founding instructor at Flywheel she says, “A decade ago it was all about cardio. People can fear something new. Of course, you are going to look at that 30-pound kettlebell and be like, wow, but if you go into a safe environment where people are taking care of you, and that’s the way we want LIFTED to feel, you change your mindset from fear to curiosity and you get a new pathway.”

A new pathway is needed for many women who have never struggled with weight or fitness, but at a certain age, the dreaded hormonal changes morph their bodies into someone they do not recognize. Jennifer Ford, who also has Reiki, yoga, aromatherapy, and applied positive psychology under her belt, went through surgical menopause due to breast cancer and stresses the importance of normalizing discussions around menopause.

She says, “You have to be pretty aggressively researching and taking care of your own health needs but you need to be working with people who are just as interested as you are.” She also points out the

importance in weight training for bone density when estrogen levels decline.

“It’s why falls are the number one cause of fractures,” she explains, “You can lift heavy weights not just for muscle but to strengthen your bone density.” They also consult with Amazing Meds out of Colorado for analysis on bio identical hormones, weight loss, and vitamin needs. Rilinger and Ford are year-round in their East Hampton studio building a supportive community of women and men.

Ford comments, “We are really focusing on the local community. We went to a PTA meeting the other day and handed out flyers for our teacher’s discount and even added a special teacher’s class at 4:30.” Rilinger concurs, “Feeling part of something bigger is part of my success. In class I say, ‘You are making a deposit every time you walk in the door to the quality of your life whether you’re 20, 40, or 60.’ I see other women cheer for that and we are learning from each other.”

Members also benefit from the Monday Night Huddle with experts discussing everything from financial planning to pelvic floor PT. Packages range from a single class to a group of in person and online classes.

The goal, “To not just survive but to thrive.” Peace out, fat cells!



Holly Rilinger & Jennifer Ford.
Photo by Michael Williams

Far Tortuga



In Peter Matthiessen's 1975 classic "Far Tortuga," nine subsistence fishermen sign onto a voyage to harvest sea turtles off the Central American coast. In their struggle with an abusive captain, violent rivals, overfished waters, and their own fears of turtling's spiritual consequences, all fail to notice that something is hunting them. The novel is a visceral, mythic dive into cultural perspectives on fear and belief, set in a wilderness that is rarely depicted with authenticity on-screen. Casting locally around the Caribbean and

abroad for actors of Caribbean descent, filmmaker Jack Evans (protégé of the writer Cormac McCarthy) is aiming to amplify regional voices and introduce new connections in the film industry to local crew. In addition, the film is being written and directed with the editorial oversight of local collaborators and the descendants of the real-life fishermen who inspired Peter's creation of the novel's characters.

On Sunday, October 8, filmmaker Jack Evans will formally announce a film

adaptation of the novel and present a trailer for the film at The Church in Sag Harbor. The evening will also feature live performances by the actors of "Far Tortuga," who will read excerpts from the script, a talk on the anthropological value of the book and film, and a Q&A for attendees. A reception featuring local wine and hors d'oeuvres will follow in the main gallery.

Tickets are free for members of The Church and \$10 for non-members.

Rorie Kelly

Magick In The Air

By Bridget LeRoy



There just isn't a better month than October to spotlight self-proclaimed ladybeast Rorie Kelly, an award-winning singer/songwriter and white witch from Eastern Long Island.

Kelly isn't trying to be mystical and magical. It just comes naturally to her. And she puts her magic to work in her music. Her most recent album, "Shadow Work," is, according to Kelly, about "shining a light in the darkness and healing wounds." The album opens with the song "Full Moon Charm Bracelet," and other Rorie Kelly songs (including from a previous album, "Magick Comin'") focus on autumn, candlelight, dreams, wishes, card readings... October, right?

But that's not all. Kelly's voice weaves its own spell, with a sweet spot somewhere between the rasp and strength of Susan Tedeschi and the sweet, pure warblings of Dolly Parton. A powerhouse performer, Rorie gigs frequently, lighting up stages with her fiery vocals and her sense of humor. Kelly can begin from an earnest one-guitar-one-voice arrangement and build to a lush soundscape with layers of vocals, guitar, beatboxing and keyboard samples in the space of one song, and evoking both smiles and tears from audience members in that same space.

Her latest music video and single, "Make It Count," is indicative of her strong commitment to the LGBTQ+ community. It can be found on YouTube. Rorie's music has been featured in film and TV shows, received radio airplay around the world, and led her to perform at the Obama White House in 2016.

Tell me about how are you infuse your music with your own beliefs in the spiritual and shadow work?

For me songwriting is like therapy, it helps me process everything I'm going through. I have learned over the years that if something touches me deeply enough that I need to write a song about it — there are other people out there who have been through something similar enough that the song will mean a lot to them too. I named my last album "Shadow Work" because I realized after recording most of it that that's what most of the songs were about! I really believe that we need to show up for our difficult feelings and experiences in order to move through them in a healthy way. "Shadow Work" was about my own journey through the dark so I could find the light — and it turns out a lot of other people have been there.

My own spiritual beliefs are pretty nebulous and I kind of like them that way. I'm really into the idea of playing with belief as a tool and a jumping off point, rather than having a hard and fast "this is how the whole universe works" set of beliefs. I love folk magic and have been reading tarot cards since I was a teenager. I don't have a strong belief about what happens "behind the scenes" when I do these things. What's more important to me is that the act of doing it has helped me in my journey. Lately my spiritual journey has been one of great curiosity and enthusiasm about mystery, and that has come through in all of my recent songwriting. I don't need to understand it all. I just want to show up as the best version of me I have to offer, and take it in.

Your voice is extraordinary. When did you realize that you had a voice that made people

sit up and listen?

Thank you for saying that. The truth is, I didn't like my voice much at all growing up. Now I see it as a part of my toolbox for self-expression, my oldest instrument, and a dear old friend. I've always challenged myself to learn how to create every nuance and sound I could with my voice — if I could hear it, I wanted to learn how to do it. That has looked like a great deal of self-study over the years, and that has given me the tools to just freely experiment when I'm writing a song or performing on stage. I'm grateful that my voice moves people. I hope everyone who compliments my voice knows that their own voice matters just as much.

Tell me about performing at The White House?

Obama was the first president to make a day on the presidential schedule just to hear about bisexual people and our unique experiences and needs. The bi community is pretty close knit, and the organizers for the day included both artists like me, as well as people who had important sociological and statistical information to share about our community. The whole day was recorded and streamed on The White House's website. It was an incredible blessing to get to be a part of it.

What would you tell 16-year-old Rorie if you could?

High school was not a great time for me, and my 20s were spent unlearning a lot of bad advice I got during my teenage years. Maybe that is true for a lot of people.

I would tell her first and foremost to trust herself — that only she knew what was right for her, no matter what other people and society had to say about it. I would let her know too that in her 30s, she can do more than she ever dreamed she'd be able to do musically, and is a part of an amazing community full of people who really care about art, social justice, personal growth, and kindness.

Since it's October, the season of the witch, tell me a little bit about your tarot and other interests?

Well, I've been reading cards since I was a teenager. My grandmother was also a reader, and we lost her before she and I could really connect as adults around that interest, but the few pieces of wisdom she did pass on to me have proven really meaningful over the years.

I love folk magic and I love to follow the wheel of the year. I use the word witch to describe myself — but I do not follow the religious path of Wicca. For me spirituality has a lot more breathing room than tying myself to a religion. I think turning to ritual, whether it is self-created or aligned with an existing path, has a lot of benefits for us as humans.

What do you love doing on the East End?

Most of the time I'm playing music on the East End, and I do love doing that. But when I get a break I love to do nerdy nature stuff — I love to visit beaches and woods, and I love to get out on the water in any way I can. Long Island has so much natural beauty to offer!

Dates to see Rorie Kelly perform this month include October 13 at Pindar Vineyards in Peconic and October 19 and the Brooklyn Art Haus. Visit roriekelly.com.

Little Lucy's Pet Parade



Little Lucy's Canine Couture Boutique will be hosting its 22nd annual Halloween pet parade on October 28 in

Agawam Park Southampton at 1 PM. The event is produced and organized by Patricia Hurley, owner of Little Lucy's.

Her beautiful rescued dog Lucy, inspired her to spread the word, that you can get a wonderful dog from a shelter. So she designed a fundraising campaign to raise animal awareness in the community, and introduce local animal rescue organizations — to help them grow their resources so they can continue to care for the homeless animals in need, until they find their new forever homes. One hundred percent of all the proceeds raised during her event go directly to the animal welfare organization chosen that year. The parade has grown so much through the years that now instead of meeting in front of Patricia's shop, everyone meets at Agawam Park. There's a live band, food, costume awards, raffle prizes from local merchants, dogs for adoption, and more. After all the dogs are registered, everyone parades down Jobs Lane and Main Street. Then back to the park for all the festivities. This years event will benefit the Southampton Animal Shelter Foundation.



rian Church, the home of Long Island's longest-running classical music festival.

"Our 40th season fulfilled our every hope," said BCM founder and Artistic Director Marya Martin. "We had full houses, happy audiences, and fantastic performances, including Bridgehampton debuts by some phenomenal young artists — the singer and pianist Joseph Parrish simply brought the house down at our Wm. Brian Little concert. Now we continue the celebration with our third Autumn series, bringing a wide range of repertoire, much of which we've never presented before."

On October 21, the all-star trio of pianist Orion Weiss, violinist Stella Chen, and cellist Carter Brey performs "Heroic Beethoven," a program featuring the Symphony No. 2 arranged for piano trio by Beethoven himself, and the famed "Archduke" Piano Trio. The "Fall Fantasy" program on November 11 was curated by frequent BCM oboist James Austin Smith, and presents works by William Grant Still, Benjamin Britten, Johannes Brahms, Iva Bittova and Gabriel Fauré; Smith is joined by violinist Jennifer Frautschi, violist Ayane Kozasa, cellist Nina Lee, and pianist Amy Yang. And for the December 9 holiday program, "Festive Baroque," Marya Martin will be joined in a program of joyous music by Vivaldi, Telemann, and more, by harpsichordist Kenneth Weiss, oboist Liam Boisset, violinists Benjamin Baker and William Hagen, violist Natalie Loughran, and cellist Nicholas Canellakis.

with Saturday evening programs October 21, November 11, and December 9, a holiday program. The three concerts take place in the Bridgehampton Presbyte-

BCM Autumn

Bridgehampton Chamber Music's Fall Series Presents Concerts

After a spectacularly successful 40th summer festival, Bridgehampton Chamber Music presents the third year of BCM Autumn, its fall mini-series,

Esé Azénabor Fashion Show

James Lane Post Held Gathering At Coldwell Banker Reliable Real Estate Listing In Sag Harbor

James Lane Post invited guests to join for a cocktail party and fashion show by couture designer Esé Azénabor-Grembowski for her namesake line, Esé Azénabor. The designer recently opened a new boutique on Jobs Lane in Southampton.

Azénabor-Grembowski is known for hand beading with fine crystals, pearls, and stones and her hand embroidery. Her designs have been worn by the likes of Tyra Banks, Taraji P Henson, and Michelle Williams. She also has a boutique on Madison Avenue in New York City and another in Dallas, Texas.

Guests enjoyed beverages by Kansas Whiskey, wine by RGNV, and bites from Bamboo and Make Your Life Sweeter.

The event was held at a stunning Coldwell Banker Reliable Real Estate listing in Sag Harbor, represented by Louis Bougatso, which was built by Avi Sharabani and Uri Hason of Birchwood Ventures LLC.

Boasting a sprawling 8,635 sq. ft., the 465 Middle Line Highway home features eight bedrooms, six full baths, and two half baths, situated on a 4.8-acre estate.

The perfect blend of indoor and outdoor living, the home is an ideal location for hosting gatherings and is designed for entertaining — offering a theater, recreation room, gym, covered patios, pergola, outdoor fireplace, salt water Gunite pool, and jacuzzi.

Photos by Alena Kostromina/Lot21



Head Downeast To Mount Desert Island

By Rachel Bosworth



Vacationland Coffee Roasters
canned coffee cocktail tap.



Courtesy Abel's Lobster

New England's most northern state boasts the bold, yet wholly appropriate, slogan — The way life should be. A natural playground with a proud maritime culture and history, Maine has long drawn summer folk, leaf peepers, and hearty locals alike to its shores. A standout is Mount Desert Island, with its clusters of mountains surrounded by coves and harbors, tucked safely beneath impossibly blue skies by day and the Milky Way by night. One's shoulders drop the moment they make it over the bridge — head Downeast to experience the coastal region's famous lobster, endless trail loops, marine wildlife, and more.

Indigenous Heritage

While exploring the land and surrounding waters of Mount Desert Island, one must acknowledge the Wabanaki, the People of the Dawn, who have inhabited what is now known as Maine for 12,000 years. Comprised of the Abenaki, Maliseet, Micmac, Passamaquoddy, and Penobscot tribes, the rich histories of these vibrant communities can be explored in the native-guided Abbe Museum. This Smithsonian affiliate pays tribute, and respect, to the Wabanaki people's art, history, and culture trailside in Acadia National Park and in downtown Bar Harbor through dynamic exhibitions, workshops, and events. Fostering an awareness of the past, the museum offers visitors an understanding of real American history and present-day connection.

On The Water

With coves, sounds, harbors, and vast Atlantic Ocean surrounding this island of mountains, getting on the water is a rite of passage for Mainers. Southwest Harbor is the birthplace of the Hinckley Company, best known for its signature picnic

boat. You can charter one of these vessels with Ellis Boat Charters out of Dysart's Marina. Sail on a Friendship sloop with Captain Karl Brunner of Sail Acadia, navigating the protected waters inside the Cranberry islands as you view seals, porpoises, osprey, and bald eagles. Sample the life and work of men and women on the Downeast-style Lulu Lobster Boat. Paddle the island's ponds and lakes for a slow afternoon.

Downtown Dining

Veer from cruise ship crowds and head to establishments boasting Maine's notable fare. Bar Harbor's latest downtown addition is a collaboration with restaurateur Michael Boland, who also owns Havana restaurant, and chef Zach Firestein, and is an exploration of French cuisine with a modern application. Brasserie Le Brun opened just this summer, and finds success in a series of dishes elevated by flavor and texture combinations that add intrigue to an otherwise traditional plate. Foie gras is presented in marble form, paired with the illustrious Maine blueberry, soft torn babka with poppy seeds, and a lemon purée. The flavors, which stand on their own, meld together perfectly for a starter bite. Perfectly cooked duck — a rarity, to be fair — with cassoulet is a warming fall dish. Sea scallops are served with smoked corn puree beneath shredded zucchini, warm blistered tomatoes, and a crispy farro that adds a surprising texture.

McKays Public House touts a creative twist on classic pub fare, as most public houses do, but doesn't lose sight of its Maine roots. This locals' favorite offers steamed mussels, fried haddock with hand-cut fries, New England clam chowder, seafood risotto with lobster and scallops, and salmon with Dijon dill cream sauce — classic dishes, yes, but all made with local seafood right

from the coast's waters.

For breakfast, get in line early for 2 Cats homemade biscuits alongside omelets, scrambles, and Benedicts. When you're on-the-go, duck into the new Vacationland Coffee Roasters "Coffee Pub" for a quick breakfast sando and canned nitro-driven lattes, which can be spiked for a greater kick.

Lobster Pounds

Sweet, tender, and incredibly fresh, Maine's lobster is a credit to the cold Atlantic waters in which they're hauled in from. Lobster pounds pay homage to seafaring culture, and these casual seaside eateries don't tamper much with the crustacean. Abel's Lobster at the end of Somes Sound serves the classics, in addition to its signature wood-fired version, cooked in seawater and served with drawn butter and lobster sauce. Come by boat to Beal's Lobster Pier and grab lobster rolls to go as you cruise around the harbor. Just off island is Trenton Bridge Lobster Pound, a staple for more than six decades.

Where To Stay

You likely won't spend much time indoors, but there are a few places of note. Emery's Cottages on the shore offers traditional accommodations with incredible sunsets over Frenchman's Bay — you'll often find the proprietors on the beach with guests taking in the views. Also overlooking Frenchman's Bay and just outside of the downtown area, Salt Cottages is a chic take on Maine lodging with a red and white color palette that offers a nostalgic seaside experience. The Claremont Hotel's luxury accommodations and amenities complement breathtaking views of Southwest Harbor, and are a nod to the natural wonders that draw so many to Mount Desert Island.



Photo by Daniel Chicobon



Courtesy Brasserie Le Brun



Paddling in the cove.
Photo by Jason Casey

End Of Summer Celebration

James Lane Post Held Party At Calissa In Water Mill

James Lane Post held an end of summer celebration at Calissa in Water Mill on Thursday, September 14. Guests enjoyed cocktails by Origen Holis-

tic Spirits, wine from Ultimate Provence, and gifts from Yolaine Paris.

Photos by Lot 21



Heroines Of The Abstract Expressionist Era

From The New York School To The Hamptons

The Abstract Expressionist movement is best known for its male superstars, but women were also pioneers of the genre. The exhibition, "Heroines of the

Abstract Expressionist Era: From The New York School to The Hamptons," opening at the Southampton Arts Center on October 7, showcases the work of

artists such as Lee Krasner, Elaine de Kooning, Perle Fine, Joan Mitchell, Helen Frankenthaler, Alice Baber, Lynne Drexler, and others — women whose artwork

finds long overdue acclaim and new appreciation with a contemporary audience.

The Southampton Arts Center is also celebrating women whose work, while not abstract, is associated with the Abstract Expressionist era and are individuals who were part of the New York art scene, such as Mercedes Matter, Hedda Sterne, Jane Freilicher, and Jane Wilson. These works by first and second-generation AbEx women artists are from the collection of Rick Freidman and Cindy Lou Wakefield.

This exhibition features paintings, sculptures, and works on paper that are visually mesmerizing and technically complex. It offers the widest breadth of any private assemblage of this genre, featuring 100 works by 31 women artists. This exhibition differs from other exhibi-



Rick Freidman and Cindy Lou Wakefield. Photo by Adam D. Smith

tions by focusing on the 1950 New York School and the migration of many of these artists to the Hamptons.

For the last 17 years, Cindy Lou and Rick have enjoyed the never-ending journey of researching and assembling a collection of "talented but under-appreciated" women artists who helped pioneer the 1950s era AbEx movement, the so-called New York School, and their subsequent migration to the East End.

Rick noted, "Although our collection was displayed prior at the Fenimore Art Museum and the Nassau County Museum of Art, SAC



Lee Krasner, "Offbeat." Photo by Gary Mamay

is the most appropriate venue for this newly expanded survey. Over the past half-century, many of the artists in this show, pioneers of the AbEx movement, proudly exhibited their work in this historic SAC building

during their illustrious careers. So this is sort of a 'homecoming' show for them. This fall 2023 show provides guests with a 'rediscovery' of the breakthrough and innovative mid-century art movement, considered by

many as America's most significant art movement of the 20th century. It also provides a new generation of viewers an opportunity to discover these influential artists, many of whom lived and worked locally."

Hamptons Fashion Week

The fifth annual Hamptons Fashion Week kicked off with a launch party at the Southampton Cultural Center in collaboration with ARTACOM Southampton on Friday, August 25.

On Saturday, August 26, the weekend continued with a mix-and-mingle event and runway shows at the Southampton Inn.

Runway shows began with designer collections by Anincy Manuguian, Cesar Galindo, Tashii Couture, Regina Kravitz, and Megan Mae Miami.

The afternoon continued with the Hamptons Fashion Week Fashion Icon Awards presented by Founder of Hamptons Fashion Week and CEO of DCG Media Group, Dee Rivera.

Dr. Christina Rahm received the Sustainable Fashion Award. Edvin Thompson, who has been making waves in the New York fashion scene with his Theophilio collection, was honored with the Trendsetter of the Year Award. The Fashion Icon Awards concluded by honoring Hervé Léger's creative director Michelle Ochs as the Fashion Icon. There was also a presentation by Dress for Success.

The final shows concluded with presentations by Christina Rahm, Edvin Thompson, and Michelle Ochs's collection for Hervé Léger.

On Sunday, August 27, Hamptons Fashion Week held a VIP Brunch at the Hampton Classic Horse Show.



Dee Rivera & Michelle Ochs.



Edvin Thompson.



Tashii Couture.



Edvin Thompson.



Cesar Galindo. Photos by VRM Photography

Hampton Classic



Zoe Hoare and Blie Carreon



Valerie Angelis, Georgina Bloomberg, Jill Rappaport



Jane Seymour



Brooke Shields, Chris Henchy, Grier Henchy, and friends.



Maria and Ken Fisbel



Sam Edelman, Derek Blasberg, Libby Edelman.

A star-studded field descended on the Hampton Classic Horse Show's beautiful Bridgehampton showgrounds for a week filled with world-class equestrian competition, August 27 to September 3. The Classic attracted its usual list of celebrities throughout the week, including Jane Seymour, Billy Joel, Brooke Shields, Gayle King, Georgina Bloomberg, Lorraine Bracco, Donna Kavan, Kelly Klein, and Jill Rappaport. Photos at left by Lisa Tamburini, above, courtesy Sam Edelman

JLP Snaps



Beth Hutchens of FoundRae, and Tata Harper of Tata Harper Skincare hosted an end-of-summer clambake at Gurney's Montauk. Tommy Dorfman, Cass Bird, Jenna Lyons. Photo by Madison McGaw / BFA



Hermès celebrated The Hampton Classic and the Selle Fraubourg Saddle at The Deslauriers Farm in Water Mill. Brooke Shields and Diane Mabady, President of Hermès. Photo by Neil Rasmus/BFA.com



GREATS held a celebration at The Surf Lodge in Montauk for its summer sneaker collection. Brooks Nader. Photo by Rob Rich/SocietyAllure.com



The Southampton Fresh Air Home's second Concourse d'Elegance. Carolyne Kennedy, Sophia Hartman. Photo by Rob Rich/SocietyAllure.com



The Ellen Hermanson Foundation Summer Gala took place at Bridgehampton Tennis & Surf Club. Jean Shafiroff and Julie Ratner. Photo by Sean Zanni/PMC



Saks and Dria Murphy hosted an intimate dinner party at Scarpetta Beach inside Gurney's Montauk Resort. Jenny Cipoletti, Dria Murphy, Elizabeth Kurpis. Photo by BFA



Southampton Association gifted the Southampton Village with new bicycle racks. Chuck Scarborough, Abbey Pollack, Charlotte Wuebben, Mayor Bill Manger, Walter Deane, Trustee Robin Brown, and Jay Diesing



The Parrish Art Museum, in partnership with the South Fork Natural History Museum, held an opening for the 12th season of the Parrish Road Show featuring the works of East Hampton-based artist Hiroyuki Hamada. Evan and Hiroyuki Hamada. Photo by Lisa Tamburini



CTREE, the Center for Therapeutic Riding on the East End, held its annual fundraiser at Sebonack Golf Club in Southampton. Sandra K., Jessie Stiles, Karen Bocksel. Photo by Rob Rich/SocietyAllure.com



East End Food hosted a fundraising dinner to launch the capital campaign for a new East End Food Hub in Riverhead. Executive Chef Michael Rozzi (above) of The 1770 House in East Hampton and his wife Pastry Chef Holly Dove-Rozzi curated a bespoke three-course experience with wine selections from Channing Daughters Winery. Photo by Corinne Tousey



West Elm presented a collaboration with Joseph Altuzarra and celebrated the launch in Water Mill. Joseph Altuzarra, Kate Love. Photo by BFA



The Sag Harbor Chamber of Commerce held its annual HarborFest festival. Photo by Lisa Tamburini



LongHouse Reserve in East Hampton celebrated its biannual Landscape Luncheon with an award to horticulturalist and historian Abra Lee. Abra Lee & Dianne Benson. Photos by Richard Lewin



OLA Of Eastern Long Island held its Sabor Benefit at The Church in Sag Harbor. Lucia-Damerou, Minerva Perez, Ana Gabriela Urizar. Photo courtesy OLA



Jean Shafiroff held a Blue Super Moon Party in honor of Patrick McMullan. Photo by PMC



Box Art Auction benefiting East End Hospice. Darlene Charneco, Arlene Bujese. Photo by Barbara Lassen



Amy Green and Gary Green hosted the Footprint of Life Gala. Gary Green, Amy Green, Andre Berto. Photo by Marsin Mogielski

Smillie Pizza

Pops Up At Southold General



Chef Justin Smillie presents his latest pizza venture, Smillie Pizza, as a pop-up at Southold General. Diners can enjoy the chef's special wood-fired pizzas in partnership with local wineries this fall.

Chef Smillie's journey includes working alongside Jean Georges and

Jonathan Waxman before becoming executive chef at Il Buco Alimentari where he earned a three-star review from the New York Times. He has become known for his wood-fired sourdough pizzas.

The menu at Smillie Pizza is a blend of classic pizzas made in his traveling wood-fired oven. Menu options

include Cacio e Pepe with fresh mozzarella, caciocavallo, labneh, and black pepper, Jimmy Nardello Peppers with lioni stracciatella, mint, and pepitas, and the Green Zebra Tomatoes with labneh, kourellas feta, and garlic oil. They are priced between \$22 and \$27.

Operating from Thursday through Sunday, starting

at 3:30 PM and serving until 9 PM, no reservations are required and it's first-come, first-serve. Diners can enjoy outdoor seating and a unique self-pour wine experience in partnership with a local vineyards every two weeks.

In addition to Smillie's pizza, Southold General offers local produce, coffee and gelato.



Photos courtesy Smillie Pizza



Kiss & Tell

By Heather Buchanan

The Four Wheel Fantasy



hear echoes of the first meeting of Paul Newman and Mario Andretti or Bruce McLaren and Denis Hulme or Richard Petty in the NASCAR winner's circle. In reverence of this storied history, The Bridge presented by Richard Mille, the preeminent automotive event held each September, beautifully blends the past, present, and future of America's love for cars. At the Collector's Reception you could feel the knowledge, respect, and sheer awe of these aficionados whether it was for the Lola which won the 1966 Can Am race on the course, or vintage Astons or the futuristic Czinger hypercar using some of the most advanced production technologies. These valuable cars dot the golf links like so many jewels in a crown.

When you pull into The Bridge and pass under the old Chevron sign you get a distinct impression you are being visited by the ghosts of auto racing past. The luxurious golf course is the former home of the Bridgehampton Race Circuit built in 1957 overlooking Peconic Bay. You may

As a bit of a neophyte who grew up driving a Kelly-green Pinto, I feel I am invited to a private passionate group of auto illuminati. Some of the rare specimens are



Shamin Abas, Robert Rubin, Jeffrey Einhorn. Photo by Jared Stiskin / PMC



Photo by Robin Trajano

merely for show and transported in via trailers but others are driven in by owners who still like to put the pedal to the metal. And since there is no competition or prizes, the collectors can bask in each other's glory. While this is a gathering of high-net-worth guests, there are also average Joe's or Jane's in my case who can indulge in a rich four-wheel fantasy.

As "Harold and Maude" is my favorite movie, it is the vintage Jaguar that is always my favorite. It is in a word, or three, sexy as hell. I imagine I would appear the same if I were to drive such a vehicle. And while the Porsche posse had some of the most ardent fans, I still veered to the smooth as silk ride from the new Rolls-Royce Spectre, the world's first ultra-luxury electric super coupe. But if I was going to date around, I was intrigued by the McLaren GT with a top speed of 203 miles per hour.

Now as a girl who lives in a 20mph village this may seem odd but sometimes a gal just has a need for speed. Of course, if the race track still existed, one could put these amazing steeds through their paces, but, all too often, it would be like taking a race horse on a trail ride to Citarella. When I lived in LA and someone got a new fancy car, they would take it on the 10 Freeway



Photo by Chris Jeyes

out of town, risking radar and an expensive ticket, to see how fast it could go. With all the traffic, the LIE seems a poor runway. In fact, the raceway was founded in reaction to popular but dangerous street racing whizzing past Candy Kitchen.

While many of the discussions about women were that the wife would be comfortable driving her husband's car of choice, there was an ardent audience of women that didn't need something Barbie

might drive to draw their attention. Title sponsor Richard Mille got it right with their new RM 07-04 sports watch for women developed with female athletes which they describe as elegantly slim, colorful, and complicated. Because after all some of the ghosts of The Bridge are female racecar drivers like Janet Guthrie in 1966 who drove her successful race car which was, of course, a Jaguar.

kissandtellbb@gmail.com

NYWIFT || New York Women in Film & Television



Join us for
Sunday Brunch

Celebrating the Filmmakers at the
Hamptons International Film Festival

Sunday, October 8, 2023
12:00 PM to 2:30 PM

Mulford Farm • 10 James Lane • East Hampton, NY

The brunch precedes a screening of select short films showcasing the outstanding achievements by filmmakers from around the world.

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LEO VILLAREAL: CELESTIAL GARDEN

FINAL WEEKS
CLOSING OCTOBER 16

MUSEUM & COFFEE BAR HOURS:
Friday to Monday, 12–5 PM

ADMISSION IS FREE

Leo Villareal, *Celestial Garden*, 2023. LEDs, custom software, electrical hardware, steel, vinyl, audio. 340 x 126 inches (864 x 320 cm). Courtesy of the artist and Pace Gallery. *Celestial Garden* © Leo Villareal. Photo: Gary Mamay Photography



GUILD HALL
158 Main Street
East Hampton NY, 11937

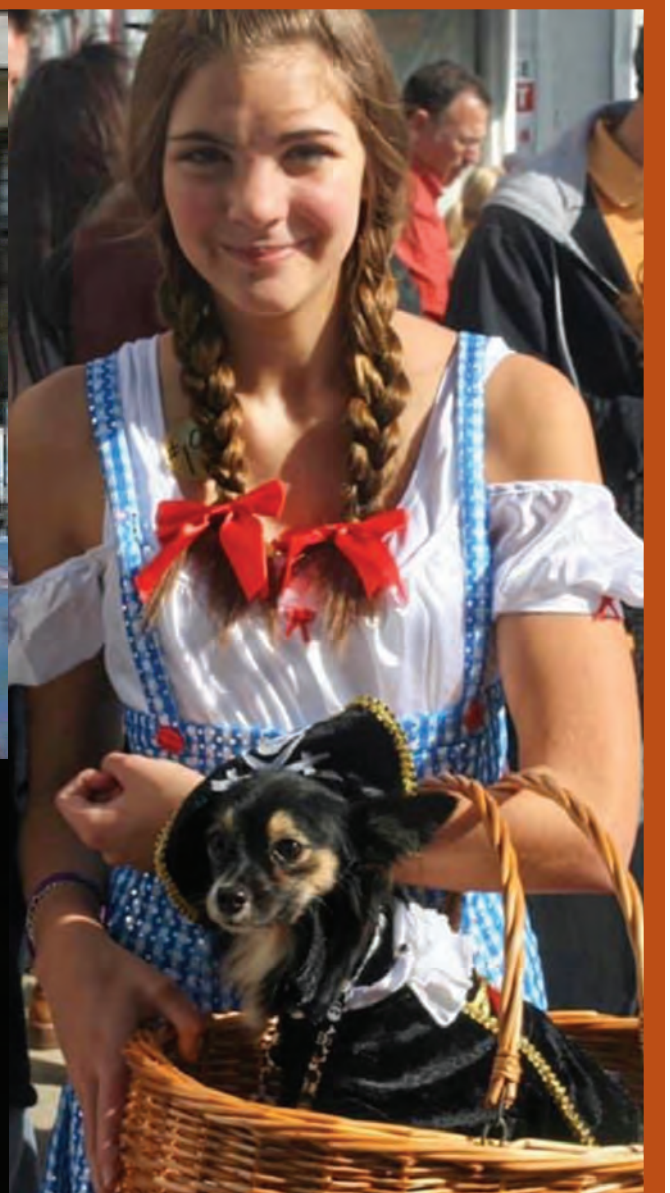
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Leo Villareal: Celestial Garden

Lead Sponsors: Bloomberg Philanthropies, Estrelita and Daniel Brodsky, Amanda and Donald Mullen, Pace Gallery, and an anonymous donor
Additional Support: Shelley Fox Aarons and Philip Aarons, Jacqueline Brody, and Deborah and David Roberts

Free gallery admission is sponsored, in part, by Landscape Details.
Museum programs are supported by Crozier Fine Arts, and funding from the Michael Lynne Museum Endowment, and the Melville Straus Family Endowment.

GUILD HALL



Little Lucy's

Presents The Annual

HALLOWEEN PET PARADE

Saturday, October 28 • 1:00 PM

AGAWAM PARK

51 Pond Lane, Southampton

TO BENEFIT

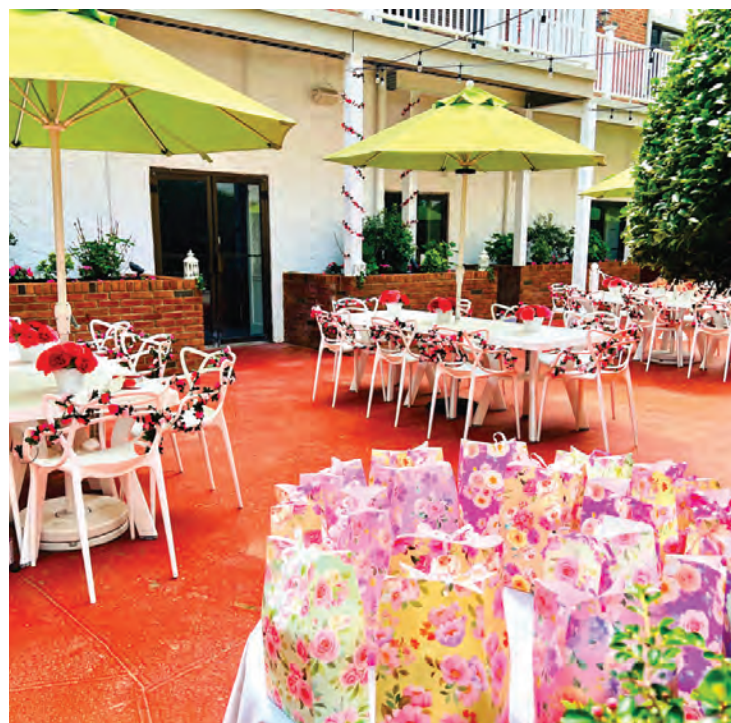


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