

# James Lane

— POST —

August 2024

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DRIA MURPHY

Photo courtesy by dria



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Photos courtesy by dria

# Dria Murphy

## Matcha, Montauk, & A Wellness Journey

By Jessica Mackin-Cipro

**D**ria Murphy's platform focuses on wellness and self-care. She is a wellness curator, content creator, and founder of by dria and Alise Collective. By dria is a lifestyle website and membership service that features an edit of wellness and beauty products selected by Dria after extensive review, while Alise Collective provides brand experience marketing.

Dria spends her summers in Montauk and curates the wellness program at Hero Beach. She recently appeared on "The Today Show" to discuss summer wellness topics and has partnered with Blade's Streamliner to offer passengers top-of-the-line amenities through by dria. In a

recent conversation with Dria, we delved into her background, by dria, and her love for matcha and Montauk.

**Could you tell us a little about your background and how you started in wellness, beauty, and fashion?**

I started working in PR at fashion brands like Calvin Klein, Topshop, and Ralph Lauren, and I then led communications at a fashion tech startup. One day, I walked into the office, and they informed us it would be our last day. It was very unexpected, and I was devastated, but it ultimately led me to start my own business because it pushed me to reevaluate

my career desires, which put a lot into perspective. It was definitely scary to go out on my own; any entrepreneur will tell you it can be difficult, but I wouldn't have it any other way.

Alise Collective is now eight years old. It started with a major focus on PR but has expanded as the wellness industry has grown. Our efforts are now focused on brand experiences; this includes, but is not limited to, brand collaborations, live events, thought leadership, and curated gifting. We figure out creative ways to allow founders to share their stories and consumers to test the products.

This summer, we created wellness programming in the Hamptons at Hero Beach Club all season long. It brings the best fitness studios from New York City and wellness brands like Koia, Essentia, Pop and Bottle, and The Outset together to provide a well-rounded wellness experience. It's an exciting way for people to encounter products, experience their benefits firsthand, and, most importantly, connect with a community of other like-minded people.

**Congrats on by dria's success! What inspired you to launch this project, and can you tell us more about the concept?**

I've been passionate about wellness since long before it was trending. It is so important to my routine and to my identity. I love trying new products, experiencing new treatments, chatting with experts, and educating myself. I was getting inundated with people asking me for my recommendations, which made me think about how I could share this information at scale. That's when by dria was born.

By dria has taken off more than I could have hoped. We're all about breaking

through the noise and prioritizing the quality of products over quantity, so members get one or two recommendations for a skin cream instead of 20.

In order to do this, we have two different membership tiers. The first is \$35 a month and gives members curated product recommendations, invites to exclusive events, and access to our community. The second tier is \$225 and offers all of that, plus one-on-one consultations with me, personalized recommendations, and VIP status at our events. No matter the level, the goal is the same: helping someone who wants to live a happier, healthier life while saving time and money by educating them about products and services that really work. To learn more, go to [bydria.com](https://bydria.com)

**Can you talk about the importance of working with brands you believe in?**

There are so many brands it's overwhelming, and if it's overwhelming for me, who's in the industry, I can't imagine how confusing it can be for the average consumer. So, it's important that I prioritize the quality of every product I share with my members. I truly test and stand behind the brands I am working with.

**Tell us about your summer collaboration with Blade and the Survival Dopp Kits you've curated.**

This summer, by dria announced a partnership with Blade, the leader in urban air mobility, to curate the exclusive by dria x Blade Dopp Kit for their new service, the Hamptons Streamliner. By dria came in to elevate the experience even more by curating exclusive wellness-focused dopp kits valued at more than \$460.

You can visit [bydria.com/blade](https://bydria.com/blade) to find out which products made the by dria cut and

how to easily implement them into your routine.

**You curate the wellness program at Hero Beach. What's coming up this August?**

I love curating this wellness program every year.

In August, we have some personal favorites, Erika Bloom Pilates and Pilates by Beth, along with Soto Method and Mad Method. We are also bringing out some new pilates studios from New York City, Terra and Core Culture, to teach some mat classes that I am excited about. The program has wellness amenities, including the Outset mineral sunscreen spf, Essentia alkaline waters, Livon Labs lipospheric vitamin C, and Koia protein and nutrition shakes.

**It's summer in Montauk. What does your perfect day look like?**

I love to start my morning with a matcha outside on my deck and take in the peace and quiet. I have been spending my summers in Montauk for eight years now, and I find being in nature during this time really recharges me. A beach walk is almost always mandatory with my dog Matchee. We love to walk down Ditch Plains, and I sometimes do a mini sculpt workout on the beach.

I tend to be a creature of habit and like to visit my favorite spots on repeat since I only get a few months of the year to enjoy them. That means matcha at Left Hand, breakfast at Joni's or Ditch Witch, produce at Balsam and Amber Waves, lunch at Duryea's, and dinner at Crow's Nest, Salivar's, or il Buco del Mar. I also love to entertain on my deck with cheese from Cavaniola's or local fish from Gosman's.



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Photo by Sailor Brinkley Cook

# Alexa Ray Joel

## Honored At NYC Second Chance Rescue's Concert For A Cause

By Jessica Mackin-Cipro

**N**YC Second Chance Rescue will host a Concert for a Cause honoring Alexa Ray Joel on Friday, August 9, in East Hampton. The event will include a live performance by Fat Joe, live music by DJ Dimatteo, host Brandon Colon, and decor by Lawrence Scott Events.

The organization focuses on helping large breed dogs and animals in critical need of life-saving care. In just the past month, NYC Second Chance Rescue has taken in animals with various needs, including gunshot victims, a puppy found in a ditch, chihuahuas with chemical burns, a mom and her nine babies, and three stray puppies. Dino the cat was rescued right after the Fourth of July after being abused — someone had attached fireworks to his

back, causing severe burns. These are just a few examples of the cases that the foundation is assisting with.

Nine out of 10 animals that enter NYC Second Chance Rescue were once scheduled to be euthanized at a municipal shelter. The organization provides comprehensive medical care and safe havens for pets through fostering. Additionally, it offers free food and essential medical assistance to struggling families to prevent pet surrender due to financial difficulties. All proceeds from the benefit will support the organization's mission to prevent the unnecessary suffering of animals and pave the path for a brighter future.

We spoke to singer, songwriter, and musician Alexa Ray Joel to learn more about

her love of animals, her work advocating for shelter adoptions, her music, and her life on the East End.

### Congratulations on being honored at NYC Second Chance Rescue's Concert For a Cause.

Thank you. I was so surprised that they wanted to honor me. I can only imagine it's because I'm such a kooky cat lady (laughs). I've publicly posted and taken to my Instagram and social media to talk about the importance of adopting shelter animals and to "adopt, don't shop." And sharing so many images of me and my cat Stella because it's just been such a rewarding experience adopting her.

It's just such a game-changer. Once you have a shelter animal, your life is never the same. I don't know that I'm worthy of being honored, but I'm very flattered and happy to help raise awareness for this great organization.

### Can you tell us more about Stella and your adoption journey?

It's really quite a story because I got Stella — oh my gosh, I don't know where the time goes — when I was 23. I was living alone in the city at the time in the West Village. I wanted to get a cat. I've always grown up with cats my whole life.

Both my mom and dad [Christie Brinkley & Billy Joel] have dogs now, but they were major cat people when I was growing up. So we always had adopted cats around the house, and it just felt like the right time for me to adopt. I just went over to the ASPCA in New York City.

I was looking for the perfect Calico cat. I've always loved Calicos, as they're known for being particularly intelligent and warm... I was about to leave, and I said, "You know what? Maybe I missed a cat. Let me just look again." I go to the very

back, and I see this tucked-away cage... I opened the doors of the cage, and her arms just literally gave me a hug. Like, she just hugged me, and she was crying so loudly, and she was the most beautiful, tiny little Calico with these big green eyes and little pink nose.

And I said, "This is the one." You know when you know. She was it for me. And ever since then, she's just been the sweetest, most loving cat. I can't even imagine my life without her. When you really bond with a cat or an animal in general, but particularly with a feline, you get very attached. I know with Stella, she sleeps on me every night. I've been in situations where I have to be away for work or whatever, and I just can't sleep as well because of that purring. You know, studies show, it literally elongates your life being close to a cat. It's good for your heart. It literally adds years to your life reports are now showing.

She had an episode some years ago where she had multiple seizures. That was really, really scary. Me and my fiancé Ryan, we thought we were going to lose her. Dr. Cindy Bressler came to the house when Stella was sick, and we had to literally peel her off from under the bed because she was immobile at that point after experiencing so many seizures. Then we rushed her over to an amazing veterinary clinic in Islip. I said, "Please, please do everything you can," because the prognosis wasn't looking good.

By some miracle, she was there for two weeks to get her treatments and heal up from her seizures. The minute she came home, I was able to give her treatment and her medication twice a day. And a lot, it sounds cheesy to say, but just a lot of love. I feel like I was able to love her back to life in a matter of a few weeks. Nobody could believe it. Even Dr. Cindy Bressler — she's a part of why Stella is still alive to this day. Love really does heal. In many ways, Stella has saved me and healed me. I was able to give that back to her as well.

Having a gentle, loving creature in your life just changes you forever. And I think it's made me a better person.

### Can you talk about New York City Second Chance Rescue? How were you introduced to this organization?

Lately, I've just been spreading the word on my social media. I was told that they were interested in honoring me, that they were touched by my story that I have shared publicly about what happened with Stella. They reached out to me. I then looked into them, and I was very impressed by the organization.

This is an organization that rescues so many animals — critically injured, neglected, abused dogs and cats. Their work is so important. When you think about the fact that they've saved over 15,000 lives since they started doing this work in 2009, I admire them, and I'm happy to do whatever I can to help spread the word.

Hopefully, this event will inspire more people to get out there and donate and adopt. It's about saving lives at the end of the day.

### You have a new EP coming out soon. Can you tell us more about it?

I'm waiting for the right moment. I've been sitting on this EP that I wrote last summer, actually. And it's all original material. It's really, really close to my heart. And it's called "Tales From a Winding Tower." It's a very personal project for me. I actually was able to record the pianos and vocals of this record with my two producer friends, Tommy Byrnes and Tony Bruno, who were amazing.

I was able to record and work on this music in my family house out here in the Hamptons. And we call our house Tower Hill, which is why I decided to name it "Tales From a Winding Tower." So it's a very personal project. The music is very raw. It goes way deeper than people might expect. Very eclectic. And I often say that it's sort of like my version of Dad's "The Nylon Curtain" because it does explore some darker undertones.

It's deeply musically experimental, and no two songs are alike. So you get an edgy, fun pop banger, and then there's a '60s style torch ballad, and then there's '90s rock. And there's something that almost sounds like my version of Queen's "Bohemian Rhapsody."

It's very much me musically, just delving deep and not being afraid to explore different styles and genres. Hopefully, it will attract a very eclectic and diverse audience. I'm still sort of plugging it and slowly building momentum for the eventual drop. But hopefully, by the fall of this year, it should be coming out.

I'm really, really proud of the record. Hopefully, others will enjoy it, and it will resonate with people.

### What does your perfect summer day on the East End look like?

There's nothing better than being by the water. Me and my fiancé always love to take the Jeep out to the beach, Long Beach — or really any beach. I don't discriminate. I love all the beaches out here — and just drive a little bit. He likes to take his fishing rod out and do some fishing, and then we go for a long beach walk by the water and watch the sunset.

I love Sag Harbor Cinema. I love how you walk in there and feel like you're suddenly in the '40s or '50s. With that retro style, like a little time capsule. Go catch a great movie there, and then go up to the rooftop to have a cocktail. One of my favorite new restaurants out here is Léon 1909 on Shelter Island. I just think it's so romantic for a great date night. You can take the ferry boat. It's so beautiful at night to see the lights across the harbor. It's so atmospheric. I just love that.

Follow @alexarayjoel on Instagram. To purchase tickets to the event or make a donation, visit [nycscr.org](http://nycscr.org).



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# Christiaan Padavan

## Releases ‘Songs For My Grandparents’

By Jessica Mackin-Cipro

**S**inger, performer, and musician Christiaan Padavan has recently released a new record, “Songs For My Grandparents,” a compilation of jazz classics from the likes of Dean Martin, Tony Bennett, and Nat King Cole. Padavan talks to James Lane Post about his background as a musician,

the new record, and where to find him this summer.

**Could you tell us about your background as a singer & musician?**

My background as a singer, performer, and

musician goes all the way back to before I could even speak! I’m told I would hum in the booster seat of my parents’ car, and that was how they knew I was doing alright back there. I was blessed to begin performing early, starting in elementary school, with a solo in the school Christmas show. From the initial crowd reaction I received, I’ve been hooked on live performances ever since.

I continued to perform throughout middle school and high school, doing theater at venues such as Vail-Leavitt Music Hall and Bay Street Theater, and even winning an East End Arts “Teeny Award” for my role as Gomez Adams in “The Addams Family” in my senior year. I also ended up winning Southampton Youth Bureau’s “Battle of the Bands” with my high school band Roadtrip — made up of Jacob Nitti, Nick Corredor, Andre Bianchi, and Josh Pasca. A close friend of mine from my high school show choir, Jack Cooper, who started making music around then, was interning at the time for Cove City Sound Studios, owned by saxophonist Ritchie Cannata. Jack was the first to get me into a professional recording room, and I will never forget that.

From that point, I went to college to pur-

sue my BFA. But after two semesters as a theater major, I began to pursue a love for creating music. Long story short, a couple of college friends, named Joe DiStefano and Jon Matos, and myself would always link up during our common hour to play songs together. We all went on to win a jingle contest through iHeartMediaNYC and Dunkin’. We were blessed enough to win time to record some original music of ours at the Cabin Studio in Manhattan and became a bit of a “house band” for Dunkin’ corporate gigs across the Tri-State area, playing for an event featuring Saquon Barkley of the NY Giants, and more.

Right around that time, I was also blessed enough to have a golden-ticket-winning performance on ABC Network’s “American Idol,” where I had the chance to audition for judges Katy Perry, Luke Bryan, and Lionel Richie. Since then, I’ve continued to perform across the Long Island and New York area and have become a full-time radio production director for Long Island Radio Broadcasting, all while continuing to pursue a professional career in the music industry as a professional singer.

**Who has inspired you the**

**most as a musician?**

I’ve been most inspired by the people I’ve surrounded myself with musically. I always want to be around someone who can do something that I can’t do. It always brings about inspiration, seeing what my personal strengths can do mixed with someone else’s. That’s what it’s all about!

**Tell us about your latest record, “Songs For My Grandparents,” and what inspired you to create it.**

My latest record came about after the recent passing of my grandfather, Louis Padavan. Up until last summer, I was blessed to have both sets of grandparents around while growing up. I had always meant to get a jazz record of classics from Dean Martin, Tony Bennett, Nat King Cole, out in the world, especially for my grandparents to hear. Each track off the record has a special meaning to the relationships I have with each of them. I am thankful to have worked with New York City-based musical director, pianist, and arranger Tedd Firth on the record that was recorded live at Cove City Sound Studios by engineer and studio manager John Arbuckle.

# James Lane<sup>®</sup>

POST

### Co-Publishers

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### Contributors

Heather Buchanan, Lisa Frohlich, Bill McCuddy, James J. Mackin, Kelly Siry, Karen Amster Young

### Digital Intern: Kyle Wenzel

### Contributing Photographers

Rob Rich, Lisa Tamburini, Irene Tully, Richard Lewin, Lot 21

### Advertising

Denise Bornschein, Sheldon Kawer, Elizabeth Kellick

## Editor’s Note

**W**elcome to the pages of our August issue. As summer reaches its peak, we hope you’re enjoying the beauty of the East End and all our region has to offer.

This issue’s pages are brimming with articles on a variety of subjects, and we have loved writing every word.

Whether you’re seeking inspiration, entertainment, or a simple moment of escape, we hope you enjoy the array of content.

Jessica Mackin-Cipro  
Editor-in-Chief,  
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# Kenny Scharf

## Life & Art Journey

By Ty Wenzel

On July 20, LongHouse Reserve held its highly anticipated annual Summer Benefit, celebrating the theme of IMAGINATION and honoring distinguished artists Tony Bechara and Kenny Scharf. We talked to Scharf to learn more about his life and art journey.

### Growing up in post-World War II Southern California, how did the futuristic promise of modern design and television shape your artistic vision?

I'd say it's shaped it a lot. Growing up, everything around me, my first vision, was cars, tail fins sitting or not sitting. Just looking at all the cars, their faces, they all have faces even more. I see them today, but even more extreme back then. And then all the architecture going on, and the colors and the clothes, everything was fantasy, futuristic vibe. And so, when I got a little older, the '70s clicked in, and it became a beige, avocado, green kind of rough-colored world of design and different architecture, brutalism and just things that were not so much into fantasy as car designs were no longer so intense and crazy. They were just getting boxy, and

everything seemed to be getting kind of boring to me. So basically, I decided that I was going to keep the excitement going. I was just going to do it myself.

### Can you share some memorable experiences from your time in the East Village art scene during the 1980s alongside Jean-Michel Basquiat and Keith Haring?

You know, we were young, and we lived very fast and extreme. It was a very explosive time with everything going on at the same time. The village, the music scene, the art scene, the performances, it was all together. And the neighborhood was pretty much inhabited by three groups. I guess they would be the Ukrainian Polish community. Then there would be a Puerto Rican Dominican community. And the rest were the mixture of all the artists, the young artists, Bohemians, I guess you could call them. So, everything was in a few blocks' radius, and everything was going on all at the same time. I mean, walking into a place and seeing someone make a painting, and then you turn the corner and someone is playing the stacks and someone else just got this crazy look going, the fashion people. And it was like that, very colorful.



### Your work spans various mediums, including painting, sculpture, fashion, video, performance art, and street art. How do you decide which medium to use for a particular project?

It's basically decided by the project itself. So, if I'm doing a mural, most likely, I use spray paint because it's very fast and expressive. Then, I would do oil paintings, which is more of a traditional technique. Each thing you're doing dictates and gives you the message of what you should be using. And sometimes they all come together — spray paint, oil paint, performance, video, mural making, all of it can collide into one project too, so there are no rules.

### Pop culture figures like the Flintstones and the Jetsons often appear in your work. What draws you to these characters, and what do they represent in your art?

I was a child when "The Flintstones" and "The Jetsons" were new shows — and I identified with them for a lot of reasons. I lived a pretty typical suburban life as a child in the San Fernando Valley. And they're based on this kind of "Leave It to Beaver" family cartoon style, except that one was in the future, and one was in the past.

So, not only did it relate to the world that was being presented to me as the one I lived in, but it was about these concepts, the future, and the past, which pretty much still rule my psyche. I'm very interested in both the future and the past and then the combination of the two. They're big concepts, you think, "Oh, it's a fun little piece of cartoon," and I love the color and the drawings that were made, the fantasy, everything appealed to me, but also the concept itself.

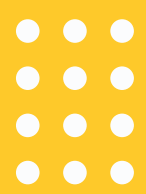
### Your art frequently features caricatures of middle-class Americans in apocalyptic science fiction settings. What

### message are you conveying through these themes?

I mean, growing up, once again, in the typical suburban American world, at the same time we were doing desk drops and drills in case there was a nuclear threat, we got to do these drills. And you're like sitting under your desk thinking, "Really? I mean, is this going to help?" and here we are today, and we have Putin threatening that, and the concept is just beyond terror. It's there all the time in my life.

### What upcoming projects or themes are you excited to explore soon? Can you give us a sneak peek into what's next for you?

I have a show at the David Totah Gallery in New York on September 5. Also, at the Brant Foundation, October 3. The Totah show are new paintings, and the Brant Show is mostly older things from different time periods. It's not a retrospective, it's a little bit of a survey, I guess.



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Instructors: Teresa DeBerry and Gabriel Portuondo





# Lit&Lean

## Liz Lindenmeier Talks Pop Up Workout Club

By Jessica Mackin-Cipro

**W**e spoke to Lit&Lean founder Liz Lindenmeier to learn more about her upbeat signature workout, which is coming to the East End this summer.

**Tell us about your background and how you started as a professional dancer.**

I started dancing at three years old and knew from early on that I would want to continue to have movement in my life forever. I graduated with a BFA in Dance, emphasis in Ballet, from Webster University and went on to dance abroad and in New York City for various contemporary ballet, modern, aerial, theater, and cruise ship companies. Being a mover my entire life has brought a deep understanding of the way the body moves, strengthens, recovers, and capabilities of new unexplored ways of achieving health.

**What led you to become a fitness instructor?**

When I first moved to NYC in 2015, I started teaching at boutique fitness studios to complement my audition and performance schedules. I immediately fell in love with leading group workouts, seeing real-time client results, and providing an outlet for movement that wasn't so dependent on getting the job or not. The

stakes weren't high when you were simply moving your body for joy and health. Instead, it was adding value to someone's life and mood. I eventually found that this was more so what I was meant to do and was encompassing everything I had experienced and studied so far.

**As a pop-up workout club, you partner with clubs, penthouses, and rooftops in NYC, Miami, and the Hamptons. Tell us about the concept for your Lit&Lean workouts and how you create a party atmosphere without the hangover.**

Lit&Lean believes in "coming to party, getting the workout, and skipping the hangover." We sculpt on the beat, fist pump on the builds, and cardio burst on the beat drops. LL brings fitness to clubbing by attaching a party environment and energy to your workout. The silent disco headphones allow you to control the DJ in your ears and get you into the ultimate clubbing fitness zone by connecting everyone to the music and movement. It's an experience. It's a new way to enjoy fitness.

For those of you back-and-forth between the East End and the city, I'm currently hosting classes on Saturday mornings at the Arlo Nomad this summer. I also started a really fun event series this summer, "Brunch, Bubbles, & Beats." Down-



Photo courtesy Lit&Lean

load the Lit&Lean app in the app store, or check out [litandlean.com/classes](http://litandlean.com/classes) or @litandlean on IG for my full schedule!

**Can you tell us about Bride Beats?**

Bride Beats is Lit&Lean's seven-day bridal sculpt program meant to hype brides, bridesmaids, or any wedding-savvy guest for a big wedding day. The workouts are curated to

focus on a different body part each day with a bridal theme. Each workout is 30 minutes so that you can do the full program day by day leading up to your wedding to leave you feeling good rather than sore walking down the aisle. The program is much like a marriage, an "I Do" forever. One purchase is a lifetime sculpt program for you.

**We look forward to your Montauk classes at Hero**

**Beach on August 11 and 25. What can clients expect from these two events?**

Clients can expect what Lit&Lean does best: a signature sculpt workout and a beachside, curated playlist to get you into the best summer vibe. We will use our signature Lit&Lean resistance bands to work the entire body in a low-impact format. Come with your most fun fist pump behavior.

# ShadowBox Pilates

## Amanda Duckstein Brings Workout To Water Mill

By Jessica Mackin-Cipro

**A**manda Duckstein, the founder of ShadowBox Pilates, has been teaching fully comprehensive Pilates for over 13 years across various locations, including Baltimore, Manhattan, Nashville, Westchester, and the Hamptons. She recently opened a studio in Water Mill, so we caught up with her to learn more.

**Could you tell us about your background in the fitness and wellness industry?**

I grew up practicing different sports and athletics. Movement was always a major part of my life, and I knew my purpose in this world was to somehow help people. I took my first Pilates class in 2006 and thought to myself, "Okay, so this is how I am going to help people. I am going to teach Pilates and help them get strong — I am going to be the nicest Pilates instructor this world has ever seen." I signed up for multiple certification courses and have now been teaching Pilates for 14 years. It has been so wonderful seeing my students develop a more confident energy with every class they take.

**You recently opened a studio in Water Mill. Can you tell us about the space?**

The site for Shadowbox Pilates was a ma-

ajor labor of love. We are in a large space (with a ton of natural light) on Montauk Highway adjacent to the Water Mill Post Office. We have 10 reformer-towers with jumpboards and small props. We have an infrared sauna room and a retail room that has been curated with branded merchandise and wellness items like dry brushes, hair oil, palo santo. Originally, I wanted the space to be a holistic haven, so I have a ton of greenery, salt lamps, and I'm lighting palo santo and copal daily to bring all the high vibrations. So far, they have been working.

**What does a ShadowBox Pilates workout entail?**

We offer four class formats, two of which include shadowboxing at the end of the class (sparring in space in a way that makes students feel powerful and energized). ShadowBox Pilates is the 60-minute signature class in which we do 45 minutes of athletic reformer Pilates plus 15 minutes of shadowboxing with light weights. The ShadowAir class is a jumpboard circuit class in which we are rebounding off of the jumpboard to gain an endurance challenging element to Pilates, plus a fun shadowboxing component at the end of class. ShadowReformer is 50 minutes of classical meets athletic reformer Pilates, ShadowTower is 50 minutes on an elevated mat, and we use



Photo by Cameron Burton

springs to challenge strength and flexibility, improving the body's connection to the mind. Every class except ShadowAir is prenatal friendly.

I added the concept of shadowboxing into these classes because it is a workout that makes me feel strong and powerful and that is how I want my students to feel. Students have always told me consistently taking my classes has helped them to discover their self-confidence that was hiding deep inside, so I'm embracing that and running with it, fast. Plus, Joseph Pilates was a boxer before he invented Contrology, which is a nice little cherry on top.

**What is the ShadowBox Pilates philosophy?**

ShadowBox Pilates' philosophy is to practice movement in a way that empowers us to be our most authentic selves and to dig deep to honor our own self-confidence. We learn to be the greatest source of magic in our life which transcends through movement and the mind's connection to the body. I want my students to feel strong in their bodies, confident in their souls, and believe that they can do anything. Over the years, so many of my students have inspired me to be a better teacher, so I want to inspire them to be the best version of themselves.

# Sweat For A Cure



Holly Rilinger. Photo by Matthew Marchese

Sweat For A Cure, held on Saturday, August 10, from 12 to 2 PM at The Clubhouse in East Hampton, is a new and exhilarating fundraising event benefiting the Samuel Waxman Cancer Research Foundation. Choose from various energizing fitness classes (up to three) led by top instructors and personal trainers. There are activities for kids, too. The event will support the foundation's work to support groundbreaking cancer research. Instructors include Alison Burke, the founder of Align Yoga, Holly Rilinger, the founder of LIFTED, Kara Liotta, the co-founder of KKSweat, Natalie Cohen Gould, the co-founder of Comeback Cycle, Marissa Ivana, the founder of Mivana Moves, Elisabeth Halfpapp and Fred DeVito, the co-founders of CoreBarreFit, and more.



# Guild Hall

## AUGUST 2024 AT A GLANCE



**VISUAL ARTS**  
AUGUST 4-OCTOBER 27, 2024

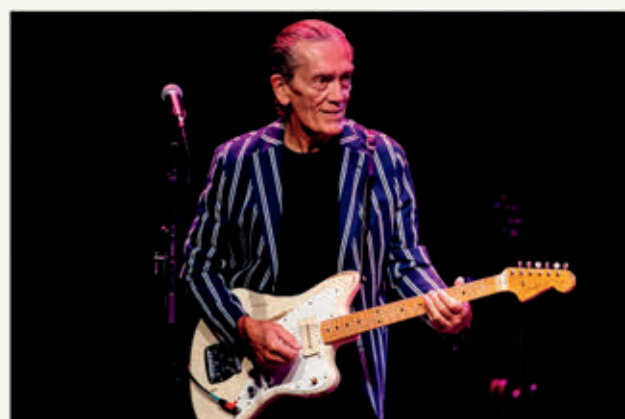
**JULIAN SCHNABEL:**  
SELECTED WORKS FROM HOME



**TALK**  
SUNDAYS, AUGUST 4, 18, & 25, 11 AM  
**STIRRING THE POT**  
WITH FLORENCE FABRICANT AND GUESTS



**DANCE**  
FRIDAY-SUNDAY, AUGUST 9-11, 6 PM  
**HAMPTONS DANCE PROJECT VI**



**MUSIC**  
THURSDAY, AUGUST 15, 7 PM

**G.E. SMITH'S PORTRAITS**  
FEATURING VALERIE JUNE & LOLA KIRKE



**FILM/TALK**  
SATURDAY, AUGUST 17, 1 PM  
**BOB MACKIE:**  
NAKED ILLUSION



**TALK**  
SUNDAY, AUGUST 18, 7 PM  
**STARTALK LIVE! WITH NEIL DEGRASSE TYSON**



**KIDFEST**  
WEDNESDAYS, AUGUST 21 & 28, 5 PM

**BUBBLEMANIA & SUNRISE CIRCUS**



**MUSIC**  
SATURDAY, AUGUST 24, 8 PM

**MICHELLE IN CONCERT**



**FILM/TALK**  
SUNDAY, AUGUST 25, 7 PM

**ACADEMY ICONS: SUSAN LACY**  
LEONARD BERNSTEIN:  
REACHING FOR THE NOTE

GALLERY & COFFEE BAR HOURS:  
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FRIDAY 12-7 PM (HAPPY HOUR FROM 5-6:30 PM)  
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Julian Schnabel: Selected Works from Home  
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Photos, clockwise:  
Julian Schnabel, *Untitled (The Sky of Ilumizableness)*, 2015 (detail). Inkjet print, oil on polyester 144 x 156 inches. Photo by Tom Powell Imaging  
Giada de Laurentis for Gladzy. Photo: Ray Kachetorian.  
Jose Sebastian of Hamptons Dance Project. Photo: Arthur Elgort.  
G.E. Smith at Yola. Photo: Jessica Dalene Photography.  
Film still from Bob Mackie: *Naked Illusion*, courtesy of the filmmakers  
Neil DeGrasse Tyson. Photo: Costas Picodas.  
Bubblemania. Photo: Myles Aronowitz for The Little Orchestra Society  
MICHELLE. Photo: Jimmy Fontaine  
Susan Lacy. Photo courtesy of the artist.





# Summer Party

## Southampton Hospital Foundation's Annual Gala Returns

By Jessica Mackin-Cipro

On Saturday, August 3, philanthropists, full-time and part-time residents, celebrities, and influencers will gather under the elegant tents on Wickapogue Road in Southampton to celebrate one of the Hamptons most anticipated fundraisers: Southampton Hospital Foundation's 66th Annual Summer Party, which will benefit Stony Brook Southampton Hospital.

This year's theme "is embracing our legacy and envisioning our future," said Julia McCormack, the new President of the Southampton Hospital Foundation and Chief Development Officer for Stony Brook Southampton Hospital. McCormack is an accomplished non-profit leader with over thirty years of experience in fundraising, specializing in medical research, education, and community development.

"It's been a really good season for us. And as you know, it's my first year here, so every event that we're doing is an experience. I thought the East Hampton Luncheon was really a huge success."

The fourth annual East Hampton Emergency Department fundraiser luncheon offered a conversation with iconic makeup artist Bobbi Brown and BookHampton owner Carolyn Brody at the Maidstone Club. The new East Hampton Emergency Department is set to open next spring. "The construction will be finished in October, and then there's all the very expected logistics of licensing and certifications... We fully anticipate opening in the spring of 2025. We're thrilled about that. Of course, we're still seeking funding for it, and we would be really delighted to talk to anyone who's interested in supporting."

This summer, the Southampton Hospital Foundation also hosted its Summer of Wellness series, with workout classes to benefit the foundation. Classes have included Isaac Boots, Yoga at Mecox Bay Dairy with David Marshall, and a tennis clinic at The Racquet Lounge at Southampton. The series will conclude with a DanceBody class in Bridgehampton on August 10.

"I'm really so pleased to see what's happened with that. And that's a program that's overseen for us by our vision board,

which we believe is our next generation of leaders for the hospital," said McCormack.

The upcoming Gala is co-chaired by Elena A. Ford and Sarah Wetenhall, two accomplished businesswomen and passionate supporters of Stony Brook Southampton Hospital. This year marks 66 years of raising vital funds to support healthcare from Westhampton to Montauk.

"Stony Brook Southampton Hospital is a cornerstone of our community, providing exceptional healthcare services. It's an honor to support this institution and its mission," said Ford, who is on the Southampton Hospital Association board. "This event embodies the spirit of community and philanthropy, bringing together individuals who are passionate about making a positive impact."

"Stony Brook Southampton Hospital is an essential institution in our community, providing services that affect all of us at some point. I am grateful for the opportunity to support such an important cause," added Wetenhall, who is on the Southampton Hospital Foundation board. "The

summer gala represents a powerful testament to our collective impact when we come together for a common cause. I look forward to an unforgettable night brimming with joy, generosity, and inspiration."

At 6 PM, guests will be welcomed into a captivating experience featuring breathtaking floral designs by DeJuan Stroud, cocktails and canapés curated by Elegant Affairs. Wölffer Estate Vineyard will return as the title sponsor again, offering guests the chance to savor the winery's world-class wines. Guests will mingle with notable attendees and enjoy the enchanting ambiance.

"American Idol" alum Christiaan Padavan will serenade guests with lounge-style tunes during the cocktail hour, followed by a sit-down dinner at 7 PM. After the delectable meal, celebrity auctioneer Lydia Fenet will lead a paddle auction. A dessert bar and dancing to That 70s Band will complete the fun.

Honorees for the night are Father Alexander Karloutsos and Dr. Daniel Van Arsdale. Father Alexander Karloutsos,

recently retired, served as the Vicar General of the Greek Orthodox Archdiocese of America and Special Assistant to His Eminence Archbishop Elpidophoros.

Dr. Van Arsdale has dedicated over 15 years to medicine, bringing extensive experience and expertise to his various roles. He is the Director of Medical Education and Site Designated Institutional Official at Stony Brook Southampton Hospital.

"It's a very exciting time at SBSH with a new President, Emily Mastaler, and a new head of our Foundation, Julia McCormack," noted Jim Forbes, board chairman of the Southampton Hospital Association. "We look forward to seeing everyone at the 66th Annual Summer Party and introducing Emily and Julia to our largest donor event."

Hollis Forbes, Sheila Fuchs, Jean Shafiroff, Melanie Wambold, Cindy Willis, and Joey Wölffer serve as Summer Party Vice Chairs. Rachael Zoe serves as Fashion Chair, while Gregory D'Elia, Norah Lawlor, and Lisa Tamburini are Publicity Chairs. Nancy Stone serves as Corporate Partnership Chair.



Photo by Sean Zanni/PMC

# Ann Liguori

## 'Fore' The Love Of The Game

By Bill McCuddy

Ann Liguori is working the room. On a gorgeous summer afternoon, the "room" is a patio and lawn at Canoe Place Inn and Cottages, appropriate because the Hampton Bays renovated lodge resembles the kind of country club Liguori routinely visits to cover national golfing events for several broadcast outlets.

We're at a book party for her new "Life On The Green: Lessons and Wisdom from Legends of Golf." It has a foreword from CBS pal Jim Nantz and features life lessons from greats like Jack Nicklaus, Ben Crenshaw, and Nancy Lopez. You could call her a kind of pioneer. Golf was strictly a boys' club when Liguori came along. And she helped change all that for herself and other women. In a smart IBKUL sports dress (she's a brand ambassador), she's ready to give me the play-by-play on her hectic life.

### When did Ann Liguori meet golf?

I played every other sport as a kid except golf. But I needed to learn the game because I got all these great invitations. So, I took golf as a P.E. elective when I was in college. And I fell in love with it. And then the Golf Channel hired me to do a show. I started interviewing and playing with Celine Dion, Matthew McConaughey, Samuel L. Jackson, Joe Pesci, and Kevin Costner. And in a round, I got so much great information out of them.

### Who's the best?

Well, Alice Cooper plays every day. The day he got out of rehab, he played 36 holes and never stopped playing. And he plays to this day. He's a five or a four handicap, if I had to guess.

### And what's your handicap?

Oh, I'm okay. You'd think I'd be better, but I'm about a 15. But you know how long it takes to write a book? And doing a show like "Talking Golf" on WFAN? Plus, I do a lot of public speaking, so this book has taken a lot out of me.

### Golf is an old boys' club both in the game and the broadcasting world. How'd you first break in?

When I started on WFAN in 1987, I was the first woman to host a call-in sports show. So, I put a lot of responsibility on myself to be as good as I could, because I wanted to flourish, but I also wanted other women to have opportunities as well in sports broadcasting.

### And there weren't a lot of men going, "This isn't your world"?

Yes! (Laughs.) Everybody! It was tough, but I established credibility right away. Doc [Dwight] Gooden, the Mets superstar, was my very first guest. He was just out of rehab.

### You're kind of the first sports stop right after rehab.

(Laughs.) Well, that's not a theme, but a lot of people will tell you it's helped them. Lawrence Taylor plays 36 holes a day, so a lot of these celebrities transfer their addiction.

### So, who was the first man in the business to say, "Let's give Ann Liguori a chance?"



Photo by Neil Tandy

Michael Whelan was the main programming guy at the Golf Channel who called me. He'd seen me cover Wimbledon and the U.S. Open for HBO. In five minutes, before the Golf Channel was even on the air, we came up with my show. "Conversations with Ann Liguori" was me interviewing A-list celebrities while golfing, and that turned into my first book.

### So, how is this new book different?

I interviewed 12 legends in golf. And it's all about what they bring from their golf game to their day-to-day life. It's about "life wisdom," and it's very uplifting. The themes are universal and positive, and everybody can relate to them. Overcoming fear, pursuing your passion. Gary Player talks about that. He's 88 years young and still playing golf every day. He does push-ups and sit-ups, and I know that because I did them with him in his front yard when I interviewed him one year. Annika Sorenstam talks about "There are no shortcuts to success." And she's the winningest female in golf. So, each of the 12 legends has their own advice for the ages.

### Let's talk about what's happening in golf today. There's a new league called LIV. Will it survive? Thrive?

LIV will continue to do their thing. I'm not a big fan because I think if the PGA tour "made you" and gave you an opportunity to make all that money and become famous, I think you should be loyal to the PGA tour. So it's a matter of loyalty and legacy versus a money grab. But I know a lot of people don't agree with me on that. And the PGA tour paid loyalty money to the guys who stayed. I do think they'll work it out so that LIV guys can come back and play on the PGA tour, but I also think that LIV will continue and keep doing what they're doing.

### With political correctness and cancel culture, how is there still a golf tournament called "The Masters"? I understand the term refers to great golfers, but still, today?

There will always be a Masters. They can do whatever they want because it's their club. It's a private club. They run it. The members and the committee. They will continue to do what they do. And I have to say, they have opened up. They have women members like Condoleezza Rice — she was a founding female member, and they have a women's amateur that they sponsor. I go every year. So they've been much more inclusive.

### Finally, you have a charitable

### cause you're very close to. Tell me about it.

For 26 years, we've raised money for cancer research. I host the Ann Liguori Charity Golf Classic.

### I went to one, and can I say, it's the best swag bag I ever got.

(Laughs.) We pride ourselves on that. We just had one at Friar's Head. We've done a few at The Maidstone. I lost my dad to cancer, my brother to leukemia. My nephew, who is only 27, has testicular cancer. He's okay, thank God, but he came and spoke to the group about how so many young men are getting this kind of cancer. So, for a long time, we've been raising awareness because everybody is affected either directly or indirectly. I'm proud of the work we do.

And then, speaking of work, she was off. Signing books, shaking hands, and taking pictures with fans.

*Bill McCuddy is a frequent contributor and cohosts "AirHamptons with Bridget & Bill" on WLIW-FM and LTV East Hampton, and "Talking Pictures with Neil Rosen" on PBS. He is also a stand-up comedian, and whenever someone goes, "Say something funny," he responds, "I'm good at golf." His handicap is 23. And climbing.*



# CTREE

## Horses Changing Lives

By Heather Buchanan

If you take a bucolic farm view, add in an ocean breeze, and peer between the ears of a horse, you have a perfect setting. The Center for Therapeutic Riding of the East End (CTREE), a not-for-profit organization located on Eastern Long Island, has harnessed, literally, the healing power of horses and uses its programs to bring not only joy but physical, emotional, and social well-being to its participants. Now located at the 25-acre Topping Riding Club in Sagaponack, which is steeped in tradition, CTREE has beautiful greenery for its horses and lessons and a place in a beloved equestrian history.

CTREE Executive Director Cathleen Curran notes of the Club, "They have been so wonderful to us there. They've been so accommodating and so nice. We really lucked out." Topping also has an indoor ring to allow year-round lessons.

CTREE's mission is to transform lives through the therapeutic power of horses. It provides therapeutic riding lessons and equine-assisted services to children and adults with emotional, cognitive, and physical disabilities.

Curran said, "Our riders run the gamut from quite young all the way up to teenagers. We are pretty eclectic in the needs that we are meeting, the varying disabilities, and some that come more for mental health. We have expanded who we are helping. The response from the parents and the children has been amazing. It is life-changing." While walking for some is a challenge, in the saddle, they are free. And for those struggling with communication, finding an ally in a horse is a valued point of connection.

Curran noted, "With some of our children with more severe disabilities, we see how



much stronger they get with their riding. You see the changes mentally and physically. For parents it is a welcome relief during that half hour. And our volunteers are wonderful. They have been outstanding."

CTREE has started a new program with the Bridgehampton Child Care and Recreation Center, which brings a different group of children each Thursday so they

can learn about horse care and riding. "It's a great way to connect with and help our community," said Curran. "They wouldn't have access to horses except for this partnership."

Another way to help the local community is with CTREE's program for Fighting Chance for those dealing with cancer. "They get there, and it's all about the

horses and a way to relax and come together with people that are going through or have gone through the same thing," said Curran. "They brush the horses and interact with them, and they can talk to each other. Plus brushing the horses and grooming is also good physical therapy. It's a place that's all theirs and their moment. You are removed from a medical setting, but you are getting your therapy and mental health all wrapped into one."

Curran also credits their PATH-credited instructors, who work full-time jobs and come after hours to teach. They need expertise in horses and those with special needs. "They are amazing what they do," said Curran, "Every rider is so different with their capabilities so they can change their style of how they teach for each one."

A main funding source for CTREE is their annual Horses Changing Lives summer benefit at the stunning Sebonack Golf Club in Southampton. This year, the event will be held on Thursday, August 22, from 6 to 8 PM. It will feature signature cocktails, passed hors d'oeuvres, and a coveted silent auction (which will also be online) with an array of luxury goods and experiences. Brad Penuel of Hopefully Forgiven and Friday Night Traditional will provide live music. The Hampton Classic will also support the event as it kicks off its opening week.

# SummerFest

## Honors Jamee & Peter Gregory

By Karen Amster Young

Jamee and Peter Gregory, generous trailblazers in philanthropy for the arts, are the recipients of this summer's Champion of Arts Award at the 11th annual Southampton Arts Center Gala on August 17.

Jamee and Peter are two people who seemingly never slow down. Gregory, a former financial advisor at Morgan Stanley, has been passionately committed to the arts for decades. Jamee, a popular style-maven and beloved author, works with Gregory as a team, tirelessly focusing on furthering art, culture, and the community on behalf of the center and other causes.

"We are focused on bringing all the things we love about New York City, art, music, and culture to the town of Southampton and the East End overall," said Jamee. Now full-time residents of the East End, their years of dedication to the

arts in New York City are undoubtedly a significant contribution to the Southampton Arts Center.

This year's SummerFest takes place during "Couples Squared," an exhibition, guest-curated by Phyllis Tuchman, is a unique showcase that delves into the dynamic interplay between creative partners, presenting a diverse array of paintings, sculptures, and photographs that span the spectrum of artistic expression.

"There was and is still a void in town in terms of creating a sense of community that is accessible to everyone," said Jamee. "Working with the board and Christina Strassfield, director of the center, we were determined to bring the venue to new heights, a place that represents all the arts — from music to fine art and family events... Not everyone has ventured inside the center since the reincarnation of the space since we



took over. That is our primary goal."

Executive Director Christina Strassfield, who worked for Guild Hall for 29 years, brings undeniable experience to SAC. She thinks outside the box and embraces the freedom and creative possibilities presented by the venue.

"The timing was right for me to make a move," she said. "This is a place that gives me the freedom and the ability to bring art in every form to the community all year. From books, film, and music, I am committed to bringing everyone a wide range of programs and exhibits to the Hamptons."

For Christina, it's about flexibility and energy. "I can bring any exhibit or performance to the center, from emerging artists to young musicians to unexpected talent. That freedom aligns with my mission to make art, culture, and talent accessible

and available to everyone as they walk in town and just want to come in."

SummerFest, one of Southampton's most highly anticipated events of the summer season, will take place from 6 to 10:30 PM. Starting with a cocktail reception with a wide range of great chefs and restaurants on the East End, the evening continues with a seated dinner, dancing, and entertainment.

Audrey and Martin Gruss, Karen and Richard LeFrak, Simone and David Levinson, and Hilary and Wilbur Ross co-chair the gala. Co-hosts for the event are Anne and Keith Barish, Gigi and Harry Benson, April Gornik and Eric Fischl, Kim Heirston, Chris and Richard Mack, Fern Mallis, Bill Manger, Margo Nederlander, Zibby and Kyle Owens, Nicole and Allen Salmasi, Stefano Tonchi, Marcy and Michael Warren, and Bettina Zilkha.

# Cocktails For A Cause



Pet owners will agree: It has been a long time coming. A first-ever all-night veterinary hospital is in its planning stages. The brainchild of acclaimed, long-standing, Hamptons-based veterinarian Dr. Cindy Bressler, WAVE Center for Veterinary Emergencies will be open 24/7 so pets get the treatment they need as soon as they need it.

Join Cocktails for a Cause, an exclusive event supporting this critical venture, on Saturday, August 10, from 6 to 8 PM at the site of the new veterinary hospital, 1054 Montauk Highway in Water Mill. Guests can enjoy signature cocktails and hors d'oeuvres and meet the WAVE team.

"I have been treating veterinary patients in the Hamptons for over 25 years," said Dr. Bressler, "and I am often frustrated by the challenges of getting patients the emergency care they need while dealing with never-ending traffic in the area and no emergency veterinary facility in close proximity. These factors limit the care we can provide and the chance of a successful recovery for our pets. It is my hope and dream that WAVE Hamptons will be a life-saving solution to emergency veterinary care; community support is imperative to turning this dream into a reality and creating a state-of-the-art facility."

Tickets can be purchased at wavehamptons.com. Donations can also be made at wavehamptons.com for those who want to support the cause, help purchase cutting-edge medical equipment, name a room in honor or in memory of their pet, and more. All donations are tax-deductible.

# Upcoming Events

**Project MOST** will host "Building Blocks," a summer benefit at Moby's in East Hampton on Sunday, August 18, from 4 to 6 PM. Focused on fundraising to support helping the children of the community grow and building a Project MOST community learning center, the family-friendly event will feature entertainment from circus artist Keith Leaf, live music by local favorite Inda Eaton, a silent auction, a paddle raise by auctioneer and poet Lucas Hunt to financially support meaningful experiences for the children within the program, and cocktails and hors d'oeuvres in the beautiful gardens at Moby's. As well, multimedia artist Boris Rasin of Drawn Together NYC will

be creating a live painting of the event, which will be auctioned off in the live auction.

**ARF's Bow Wow Meow Ball** will be held on Saturday, August 17. Enjoy an elegant evening of dinner and dancing in support of the cats and dogs at ARF Hamptons and celebrate 50 years of rescue. The night will honor ARF's founders Barbara Hotchkiss Posener, Sony Schotland, and Dorothy Wahl, as well as recognize the Chantecaille Family with the Champion of Animals Award, for their dedication and passion in support of ARF and animal welfare.

Bradford Rand and his team at RAND Luxury will host the annual **Hamptons Concours** event on Saturday, August 10, bringing together classic and contemporary cars with a special emphasis on the Ferrari and Porsche Marques in

Bridgehampton, benefitting the Southampton Animal Shelter Foundation.

The **Silverstein Dream Foundation's** annual Hamptons Garden Gala, which supports the Diabetes Research Institute Foundation, will be held on Saturday, August 10, hosted by Patricia and Roger Silverstein in Water Mill. Patricia is a life and business coach, founder of Coaching X Humanity, and the Silverstein Dream Foundation's co-founder with her husband, Roger Silverstein.

**Ellen's Run** to benefit the Ellen Hermandon Foundation will be held on Sunday, August 18, at 9 AM at Southampton Intermediate School.

Hosted by Amy Green and her husband, Gary, the **Footprint of Life Gala** will take place at their residence in

Bridgehampton on Saturday, August 17. The family-run The Green Vision Foundation has curated a night to bring together like-minded organizations. The soiree will benefit the charity partners' work to preserve and protect the natural world, promote community upliftment, and support conservation programs across Africa.

Hosted by Kenneth and Maria Fishel in Bridgehampton on behalf of Haiti Air Ambulance, **There is Hope Over the Skies in Haiti Benefit** is a fundraiser to support the organization's lifesaving mission, held Saturday, August 17.

**Prostate Cancer Foundation annual Hamptons Gala** will be held on Saturday, August 24, in Water Mill. The event is the social centerpiece of Michael Milken's PCF Pro-Am Tennis Tournament, held over the weekend at private estates in the Hamptons.

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# Authors Night

## East Hampton Library's 20th Annual Fundraiser

On Saturday, August 10, the East Hampton Library will present its 20th Annual Authors Night fundraiser. One of the most popular and celebrity-studded events of the Hamptons' summer calendar, Authors Night features 100 authors across all genres.

The "Premier Literary Event of the

Hamptons" has grown over its history to become one of America's most successful celebrations of books and authors and one of the country's most significant library-author events.

"As we mark the 20th anniversary of Authors Night, we're thrilled to present the event once again in the heart of East Hampton Village," said Dennis Fabiszak,

East Hampton Library Director. "The funds raised at Authors Night enable the East Hampton Library to provide our diverse community with essential programming and services throughout the year — all free of charge."

Participating authors include Neil deGrasse Tyson, Robert A. Caro, Diana Nyad, Nelson DeMille, Joy-Ann Reid, Brian Stelter, Tessa Bailey, Tom Clavin, Dr. Ramani, Maira Kalman, Barbara Butcher, Elizabeth Beller, A.M. Homes, Julia Phillips, Wilbur Ross, Mary McCartney, Taylor Barton, Jennifer Belle, Howard Blum, David Brown, Maureen Callahan, Tony Caramanico, Nick Corasaniti, Stuart E. Eizenstat, Elyssa Friedland, Brad Gooch, Paul Goldberger, Alice Harris, Helen A. Harrison, Madeleine Henry, Lidey Heuck, Dave Karger, Susan Kaufman, Thomas Maier, Glynnis MacNicol, B Michael, Michelle Miller, Annabel Monaghan, Adam Nagourney, Joan Nathan, David Netto, Zibby Owens, Julia Phillips, Francine Prose, Bruce



Photo by Eugene Galogorsky/Getty Images for East Hampton Library

Ratner, Jane L. Rosen, Carl Safina, Jill Santopolo, and many more. Authors Night will be held under a grand tent on the Herrick Park field at 67 Newtown Lane in East Hampton Village. The evening begins at 5 PM with the Authors Reception under a grand tent, where guests enjoy delicious hors d'oeuvres and wine, meet and mingle with the authors, buy their books, and have them inscribed.

At 8 PM, directly following the author's reception, guests dine at dinner parties at private area homes in honor of one or more guest authors.

Tickets are \$150 for the Authors' Reception only and begin at \$500 for the dinners (which includes entry to the book signing reception). Proceeds from this special event benefit the East Hampton Library. Visit [authorsnight.org](http://authorsnight.org).



## Kiss & Tell

By Heather Buchanan

## The Sugar Daddy, Ballet Slippers Smack Down

I knew things were about to get ugly. I saw the young woman in the Jimmy Choo platforms heading to the row of small, colorful bottles, zoning in on the pale pink. But a woman in Lululemon and Hoka sneakers moved faster and, by an arm's length, snatched the nail polish bottle ahead of her rival. "Excuse me," said the well-heeled woman indignantly, "that is my Sugar Daddy."

"No, it's my Sugar Daddy," said sporty

spice, spinning around to her manicurist's table. "It's the only shade that's not too white and not too pink."

"Well, then I'll just have to take Ballet Slippers," said the first woman.

Her manicurist went visibly pale. "We are out of Ballet Slippers." But she was quick to add, "What we can do is one layer of Buns Up and one of Crop Top & Roll, which will be almost the same thing," at-

tempting with a nervous smile her version of debutante diplomacy. The manicurist clearly didn't want to engage in a bottle-snatching match with her colleague.

High Maintenance is not only a nail polish color but a state of play at fancy Hamptons nail salons.

The truth of the matter is that most of us who can paint nail polish with both hands and have enough flexibility to reach our toes can complete our own mani-pedis. But the act of having someone else doing the work is one of the simplest luxuries most women enjoy. Some find it stressful, like my sister, who has a knack for picking "unfortunate" colors. However, she came up with a quick fix by choosing the polish with the least in the bottle, signaling its popularity. I wouldn't have thought of her as a So Many Clowns So Little Time sort of girl, but hey, nothing is permanent.

What is not so enjoyable is how some customers treat the women who work long hours for little pay over their bunions.

(Little do these upscale women know fingernail clippings are a secret weapon for revenge spells.) The technicians have to listen to customers' conversations about overdone halibut, Pilates parking problems, and menopausal sex remedies. They don't have the same status as hair stylists, who sometimes double as therapists.

For me, as I don't treat myself often, sitting in the chair and having someone give me a spa pedicure is almost a religious experience. (Think of Jesus washing the feet of his disciples.) I like to sit quietly and be present in the moment, grateful for this intimate act.

In his memoir "On Earth We're Briefly Gorgeous," Ocean Vuong writes beautifully about his mother, a Vietnamese immigrant who worked for decades in a nail salon. He tells a story of helping an elderly woman to her pedicure chair when he was a boy. She adjusted herself and then pulled off a prosthetic leg. Since she was paying the full price, the woman asked his mother if she could also do her

missing foot, which she said she still could feel. His mother obliged, gently rubbing the non-existent calf and painting the five missing toes.

In an interview, he related all the acknowledgments he had for his writing but said his mother was also an artist. And never acknowledged. With a hint of heartbreak, he said, "It takes aesthetic skill and technique, but no one has ever clapped for her." At the end of a yoga class, the students nod their heads to their teacher and say Namaste, which translates roughly to "The light in me honors the light in you." Most nail salon workers get a polite "thank you" and a cash tip. Not a lot for transforming a woman's day as a fresh mani-pedi can do.

Personally, I don't need to stress over Sugar Daddy. I can make do with Mademoiselle or Marshmallow or, if I'm feeling crazy, After School Boy Blazer. And while I may not clap at the end, I will at least do a small bow to honor the technician's hard work. The artist in me honors the artist in you.

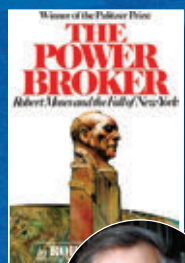


# EAST HAMPTON LIBRARY'S 20TH ANNUAL AUTHORS NIGHT

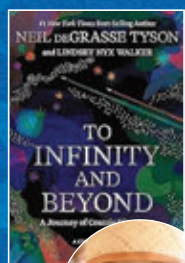
5PM SATURDAY, AUGUST 10TH | HERRICK PARK, EAST HAMPTON VILLAGE | [AUTHORSNIGHT.ORG](http://AUTHORSNIGHT.ORG)

BOOK SIGNING COCKTAIL PARTY *with 100 AUTHORS*  
5-7:30PM UNDER THE GRAND TENT IN HERRICK PARK

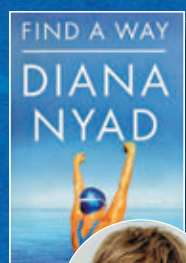
DINNER PARTIES *with GUEST AUTHORS*  
8PM AT PRIVATE HOMES



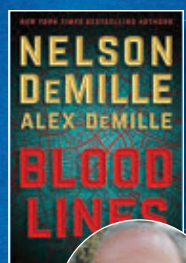
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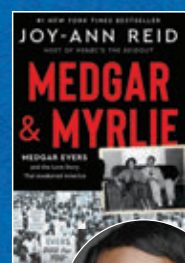
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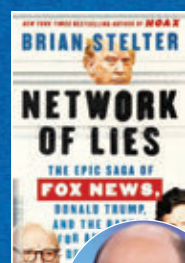
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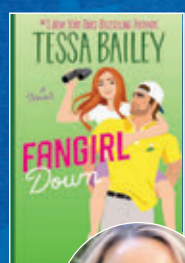
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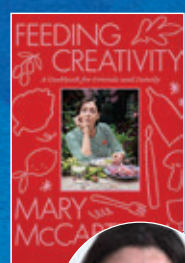
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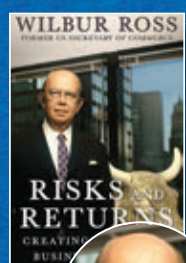
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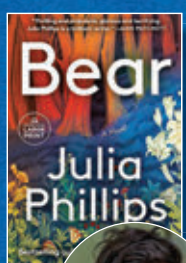
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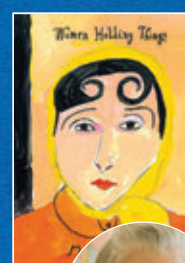
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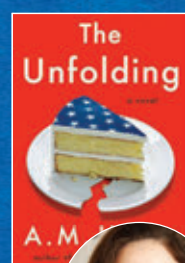
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Directly following the Authors Night book signing cocktail reception, continue the evening at a lovely dinner party—honoring one or more of the guest authors—at a private Hamptons home.

There are more than 20 choices, including a special: **20th Anniversary Celebration Dinner with Astrophysicist Neil deGrasse Tyson**

See [authorsnight.org](http://authorsnight.org) for all selections.

For further information about Dinner Tickets, please call Sheila Rogers at 631-907-0106.



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Proceeds benefit the East Hampton Library—a non-profit organization providing outstanding free library services to the East Hampton community—for essential programs and services at the Library throughout the year.

FOR TICKETS, LIST OF ALL PARTICIPATING AUTHORS & DINNER PARTY CHOICES, VISIT: [AUTHORSNIGHT.ORG](http://AUTHORSNIGHT.ORG)



# The Leiber Collection

## My Visit To A Hidden Gem On The East End

By Lisa Frohlich of *Hamptons NY Style*



Judith Leiber crystal frog handbag.

I recently had the magical experience of visiting The Leiber Collection in Springs, truly one of the best-kept secrets on the East End. My good friend, Ann Stewart, has been the director and curator for over 15 years, and she is an absolute wealth of information.

As I entered the impressive wrought iron gates, I was immediately transported to a dreamlike property where art and fashion converge in the most enchanting way. The Leibers' Sculpture Garden is a captivating maze of interconnected paths, each leading through a distinguished variety of gardening styles. Every turn reveals something new and beautiful, and all paths converge at the magnificent Renaissance-styled Palladian structure that houses The Leiber Collection.

Inside the museum building, the extraordinary legacy of Judith Leiber comes to life. The dazzling collection of handbags and art pieces is nothing short of breathtaking, each piece telling a unique story of glamour, sophistication, and whimsical creativity. Famous for her iconic and revolutionary designs, Judith Leiber broke many barriers as she rose to the top of her field. As one of the most legendary handbag designers of all time, Leiber inspired and empowered women with her iconic designs, which are truly works of art. Her handbags have graced the pages of esteemed fashion magazines such as *Vogue*, *Women's Wear Daily*, *Harper's Bazaar*, and more. In 1976, Judith won the COTY Award, the highest honor in

fashion, becoming the first woman and the first accessories designer to receive this prestigious accolade.

In 2005, Judith and her husband Gerson opened The Leiber Collection in Springs. The museum and gardens continue to share their legacy and extraordinary works of art and fashion. The Leibers envisioned their Sculpture Garden as a vibrant hub for art, music, performance, and the exchange of creative ideas, a vision that thrives through outdoor exhibitions and event series.

This year, the fifth annual Garden of Friends exhibition opened on Saturday, May 25, showcasing exhilarating new works by some of the East End's most talented artists, including Monica Banks, Scott Bluedorn, Perry Burns, Philippe Cheng, Jennifer Cross, Eva Faye, Donna Green, Sandi Haber Fifield, Candace Hill Montgomery, Laurie Lambrecht, Jill Musnicki, Bastienne Schmidt, Sabina Streeter, Amy Wickersham, and Almond Zigmund. This dynamic outdoor exhibit honors the spirit of Judith and Gerson Leiber and their permanent collection, featuring works by friends and neighbors such as Bill King, Constantine Nivola, Hans Van de Bovenkamp, George Nama, and Ronnie Chalif, as well as contemporary artists like Margaret Garrett, Toni Ross, and Chris Kelly. The Garden of Friends embodies Judith and Gerson Leiber's lifelong commitment to supporting the arts and fostering community.

Adding to the excitement, from Saturday,



"Sweet: A Collaboration with Birds" by artist Monica Banks. Popover cakes, plates, and teacups that hold food and water, where birds can swoop in to feed and drink.

July 20 to Wednesday, August 21, The Leiber Collection is thrilled to present "Entangled," an exhibition featuring the works of Connie Fox and William King. This captivating show includes paintings from Connie Fox's iconic Sammy's Beach Series, alongside William King's delightful Sammy's Beach-inspired sculptures. "Entangled" not only highlights the artistic brilliance of Fox and King but also honors their lasting friendship with the Leibers. As part of this series, on Sunday, August 11 at 4 PM, Scott Chaskey will read from his recent book, "Soil and Spirit, Cultivation and Kinship in the Web of Life," adding another layer of cultural enrichment to the event. This exhibition promises to be a vibrant celebration of art, friendship, and the enduring legacy of the Leiber Collection.

The Leiber Museum is a must-visit for anyone who appreciates the intersection of art and fashion, and it promises a memorable adventure for all who step through its gates. Ann Stewart's expert guidance and deep knowledge of the Leibers' work added an enriching layer to my experience, making it truly unforgettable. Don't miss the chance to explore this dreamlike setting and immerse yourself in the artistic world of Judith and Gerson Leiber.

The Leiber Collection and Sculpture Garden are open Wednesdays, Saturdays, and Sundays from 1 to 4 PM and at other times by appointment. The Leiber Collection is located at 446 Old Stone Highway in Springs. Visit [leibermuseum.org](http://leibermuseum.org)



Lisa Frohlich enjoying the incredible handbags at The Leiber Collection. Photo by Ann Stewart.

# Chasing

## GR1FN Set To Release Debut Album

East End-based DJ and Producer Bryan Griffin, Aka GR1FN, has been on a tear the last few summers as a driver of nightlife at East Hampton hot spot Si Si as the resident DJ on Saturday nights. This summer, he's also popped up at Ketchy Beach, Southampton Social Club, Common Ground East, and will be at Gurney's Montauk in August.

He began releasing original house music just three months ago and is already at

100k streams on streaming platforms, with some major collaborations on the horizon. "Chasing," his debut album, is set to release the last week of August.

"Chasing" to me is short for Chasing Sunsets, but it is really representative of whatever you pursue in life. This album is very reflective in nature, and while there are a few leading singles in there, I believe the work will be best consumed as a whole," said Griffin. "I have produced a



GR1FN

limited run of Vinyls and will have some listening events both in the city and out east. The support I've received so far on this journey has been incredible. I cannot wait to share this work with the world. It's very healing in nature. I have some big dance tracks coming, but this work was for those sunset moments, rooftops with friends, sexy gatherings, really the original ethos for where I wanted to go as an artist and DJ, which continues to evolve... but this album is a piece of me."



Photo courtesy GR1FN



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