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Brooke Shields

Life On The East End & A Passion For Pets

By Jessica Mackin-Cipro

rooke Shields has long been recognized worldwide as an actress and model, rising to fame as a child star. From being the youngest fashion model to appear on the cover of Vogue to starring in "Suddenly Susan," her career has spanned decades. The 2023 two-part documentary "Pretty Baby: Brooke Shields" chronicles the highs and lows of her personal and professional life. Earlier this year, she published the book "Brooke Shields Is Not Allowed to Get Old," rewriting the script on aging as a woman.

We asked Brooke a few questions to learn more about her life on the East End, her recent journey into clean, eco-conscious pet supplements and wellness products as Brand Officer for Prospect Pet, as well as her mission to make a positive impact in the world of animal care. From her personal experiences with her beloved dog to her choices in selecting projects close to her heart, she covers it all.

How does your family enjoy spending time together in the Hamptons? Is there anything you're most looking forward to this summer?

Boating, pickleball, and beach days!

What does a perfect day in the Hamptons look like for you? Where do you love to shop, eat, or unwind? Any favorite farmers' markets, boutiques, or hidden gems?

Start my day off with Tremble or SoulCycle at The Barn. Next, I go to Barryville General for iced coffee and snacks, then stop

in at Pachute, Alvise's Venetian Glass at the J.McLaughlin pop up, and the Perfect Purse, then bike to the beach with my book, followed by Buddha Berry yogurt for my afternoon snack, then home to swim, shower, stop at Corey Anderson salon to be made gorgeous, and finish it all off with dinner at Bistro Été.

How did you become involved as the Brand Officer for Prospect Pet? Could you tell us about how this partnership began?

When my dog Pepper got sick, it was heartbreaking. I started feeling dog mom guilt, asking if there was something more I could have done to give her a healthier, happier life. I wondered why it was so easy to find products with clean and transparent ingredients for myself, but not for my fur babies. That question led me to Prospect Pet, a brand rooted in transparency, integrity, and a deep commitment to animal wellness. I didn't just believe in the products, I felt inspired to get involved as the Brand Officer and join the mission.

Can you walk us through the key products, the brand's mission, and the importance of being clean and eco-conscious?

Prospect Pet began on a rural farm in Prospect, Maine, guided by the belief that our pets deserve the same standard of care, safety, and transparency that we expect for ourselves. That's why every Prospect Pet product carries the "Clean and Conscious" promise, made with thoughtfully sourced ingredients. All of our products adhere to a "Clean List," which is formulated without common aller-

gens, toxins, gut irritants, grain or fiber fillers, or artificial additives.

Prospect Pet performs third-party testing on every batch to ensure purity and safety, checking for contaminants, heavy metals, and pesticides. I also love that the products come in aluminum and glass containers, with FSC-certified packaging. It's better for your pup

The three new products we are launching include the Hip & Joint Mobility Booster, the Paw Protector, and Skin and Coat Health

You've grown up in the

public eye how does it feel to be at this point in your life and career, with the freedom to choose projects that truly matter to you?

Ever since I was a little girl, dogs have always been an important part of my life. They give us so much unconditional love, and I just wanted to be able to align with a brand that cares as much about their wellness as I do. Prospect Pet is a brand you can feel good about

You've always been entrepreneurial. How do you go about choosing the projects you are involved in?

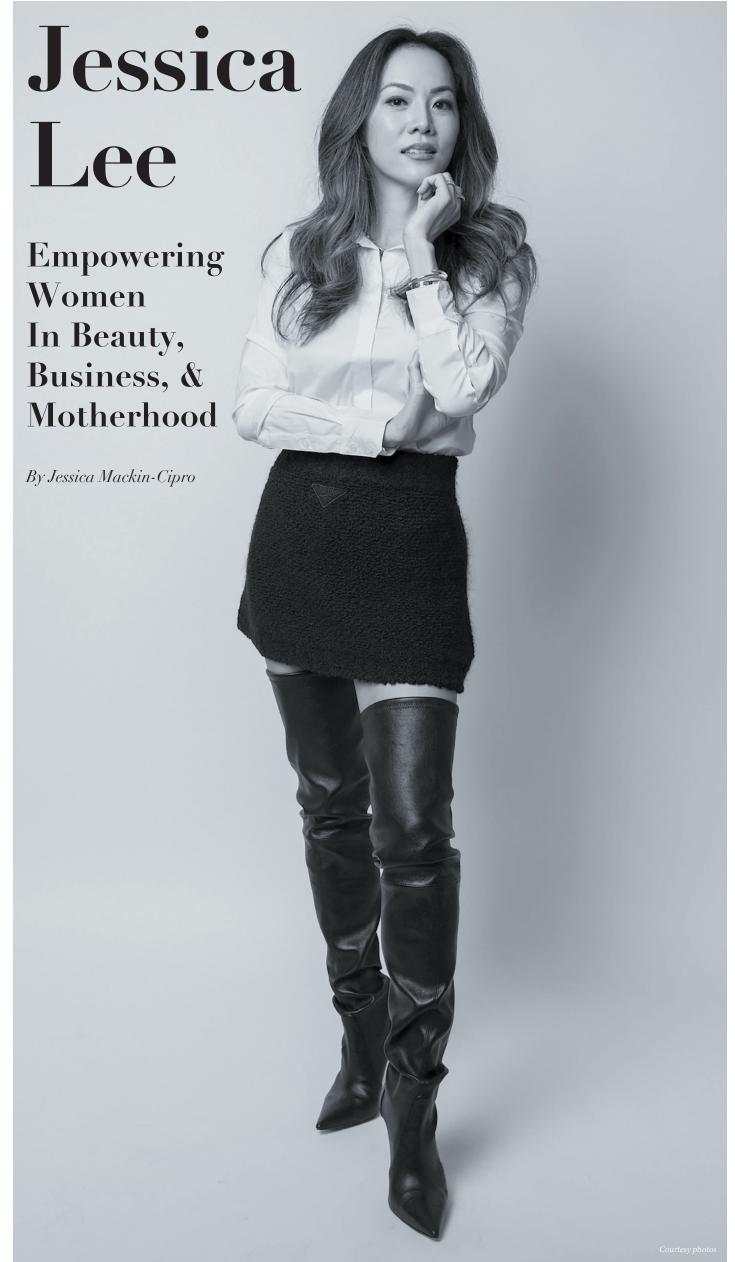
Authenticity is everything to me. I have to truly believe in a project, whether it's a brand partnership, a creative endeavor, or a business venture. If it doesn't align with who I am or what I stand for, it's a no. I've always been drawn to opportunities that feel real and rooted in purpose, and that is why I aligned so well with Prospect Pet.

Over the course of your career, is there a project or role that you're most proud

"Suddenly Susan!"







essica Lee is a former Wall Street executive who has transitioned into a beauty and lifestyle creator, entrepreneur, and founder of The Davis Standard. As a Korean American businesswoman, advisor, investor, and mother of two, Jessica represents the modern, multi-faceted mom who is redefining success in the digital age. She blends her extensive industry expertise with relatable content, providing career-driven women with valuable insights on beauty, wellness, and work-life balance.

After two decades in finance, she launched The Davis Standard, a platform that has grown to engage 300,000 followers across Instagram and TikTok. Through her platform, she empowers women navigating career changes, entrepreneurship, and self-care. We caught up with Jessica to learn more.

Tell us about your background on Wall Street and what inspired you to become a content creator.

I spent 20 years on Wall Street, focusing on private credit and equity investing. In 2019, I noticed that while many corporate working women were consuming content on social media, there weren't many influencers or creators who truly represented that demographic. I started posting organically, initially sharing what I was wearing to work as a working woman and mom. Over time, I began offering helpful career tips for women because I realized there was a lack of executives providing that kind of content. When that content really took off in 2023, I decided to take the leap, leave my corporate career, and embrace a new challenge as a full-time content creator. Since then, my content has evolved beyond career advice to cover beauty, style, wellness tips, and motherhood, topics that resonate with women of my generation.

Tell us more about The Davis Standard's mentor program and your mission to empower professional women.

Midway through my content creation journey, I realized that many women were seeking mentorship and career advice, so I began offering one-on-one mentorship sessions and hosting monthly Q&A sessions through Instagram Stories. I've always been brutally honest when it comes to career tips, especially for women who feel stuck or are considering a career transition. Now that I'm a full-time content creator, there's even more interest in my journey from corporate life to entrepreneurship, and I'm excited to be building The Davis Standard mentorship program to empower women navigating these transitions. The program is designed for working moms, stay-at-home moms, and women looking to shift from corporate careers to becoming entrepreneurs or content creators.

It breaks down everything they need to know in an easily digestible format, covering topics like how to set up a business, the advantages of entrepreneurship, building a community, and monetizing their platform. My mission is to equip women with the tools they need to confidently explore new career avenues and take advantage of business opportunities.

How do you like to enjoy your time in the Hamptons?

I spend every summer in the Hamptons, and it's truly one of my favorite places to unwind. We usually rent a house for the month, but lately, we've been exploring different areas. One of our favorite places to stay is The Roundtree in Amagansett. It's right on the beach, super cute, and incredibly peaceful. We love spending time with friends, doing bonfires on the beach, and just soaking in the serenity. When it comes to food, Round Swamp Farm is my go-to spot for groceries and fresh produce. I also can't resist stopping at Briermere Farms in Riverhead for their amazing homemade pies, especially the raspberry cream and chocolate cream!

For dining out, il Buco al Mare in Amagansett is my favorite for delicious Italian food. For shopping, I love strolling through East Hampton, which has the cutest boutiques. And when we're feeling adventurous, we rent a boat off Sag Harbor and go wake surfing. It's such a fun way to enjoy the water!

Can you tell us about your work on the Dress for Success Inspire Committee?

I got involved with Dress for Success several years ago through a good friend who is now the chairman of the organization. I immediately felt a strong connection to their mission because of the incredible work they do to empower women in the workplace. As one of the few Asian women in finance, I've always believed that representation is so important, and I love the impact Dress for Success has on underserved and underrepresented communities.

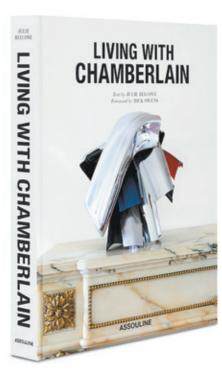
As The Davis Standard platform grew, I saw a great opportunity to further inspire and support women by leveraging my social media presence and professional network. Being part of the Inspire Committee allows me to continue that mission by helping women build confidence and pursue their career goals.

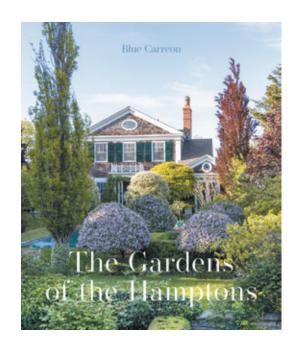
What's next for you and The Davis Standard?

The best and most exciting part of this journey is not knowing exactly where it will take me next. That's the nature of social media. It's always evolving, and so is The Davis Standard. If you had asked me when I first started if this would lead to opportunities to work with incredible brands, CEOs, and industry leaders, I don't think I could have imagined it. While I may not know exactly what's ahead, one thing I do know for sure is that I thrive on the unknown. I love the challenges, the opportunities, and the ability to inspire women in my community in new and meaningful ways. I'm excited to see where this next chapter takes me!

Coffee Table Books

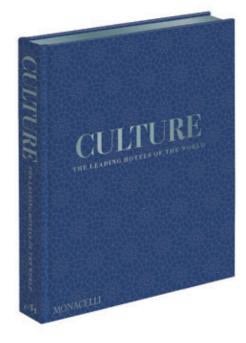
More than just decorative pieces, coffee table books are conversation starters, windows into art, culture, and personality — the perfect blend of style and substance for any living space. Here are just a few that we love.













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Irene Forte Skincare

Inspired By Sicily & Crafted With Care

By Jessica Mackin-Cipro

rene Forte, from the Rocco Forte Hotel family, is the creator of her eponymous skincare line, Irene Forte Skincare. The line is inspired by Sicily's rich agriculture, where one of her family's hotels, Verdura Resort, is located. Her products are made with ingredients directly sourced from their organic farm.

Driven by her passion for wellness, Irene recognized a rising demand for clean, natural skincare. She saw the potential to combine natural ingredients with scientific innovation to achieve exceptional results. We asked Irene a few questions to learn more.

What led you to establish Irene Forte Skincare, and how did your background in the luxury hospitality industry influence the brand?

My journey into skincare really began through wellness. Working with Rocco Forte Hotels, I was deeply involved in developing our spas and wellness offering (amongst other things). I spent a lot of time in our hotel in Sicily — Verdura Resort — where I saw first-hand the incredible raw materials the island has to offer: organic olives, lemons, almonds,

pistachios, etc. I wanted to create a skincare line that brought together the science of performance skincare with the authenticity and richness of Mediterranean wellness traditions. My background in luxury hospitality taught me the importance of delivering a complete experience rooted in quality, care, and a deep connection to place — and that ethos runs through everything we do at Irene Forte Skincare.

How has your heritage influenced your brand's identity and ingredient sourcing?

My Italian heritage is central to everything we do, especially Sicily. It's where our organic farm is based and where we source many of our ingredients. There's a deep cultural respect for the land in Sicily, and a long-standing tradition of using natural remedies and local ingredients for health and beauty — something I've always wanted to celebrate through the brand.

I created Irene Forte Skincare to be modern and effective, while staying true to these timehonoured Mediterranean values. Everything is 100% made in Italy, and I love being able



to support local farmers and artisans through our production. We've also started working with the Sicily Environment Fund, which supports local biodiversity and sustainability initiatives — a cause that's really close to my

Why was it important to you to source locally and sustainably?

Sustainability isn't just a trend — it's a responsibility — and that's why we are B Corp certified. For me, sourcing locally goes beyond reducing our carbon footprint; it's about supporting Italian and Sicilian communities and creating a true circular economy. Our key ingredients are grown on our organic farm in Sicily or sourced from nearby ethical producers — like organic white wine from the Di Giovanna vineyard, pistachio oil from a local farmer, and water from the Madonie Regional Natural Park.

All our packaging is produced in Italy, and we collaborate with local artisans — our spatulas are handcrafted from sustainable olive wood, and our watercolor liners are hand-painted

by a local artist. Our boxes and liners are made from 100 percent recycled fibers, and our glass bottles contain 31 percent post-industrial recycled glass. All our 30ml and 50ml products are refillable, and we offer a recycling scheme for the refills. On the formulation side, we use green science to ensure our products are both effective and environmentally responsible. From farm to formula to final packaging, sustainability is part of our brand's DNA.

What's your favorite thing about spending time in the Hamptons?

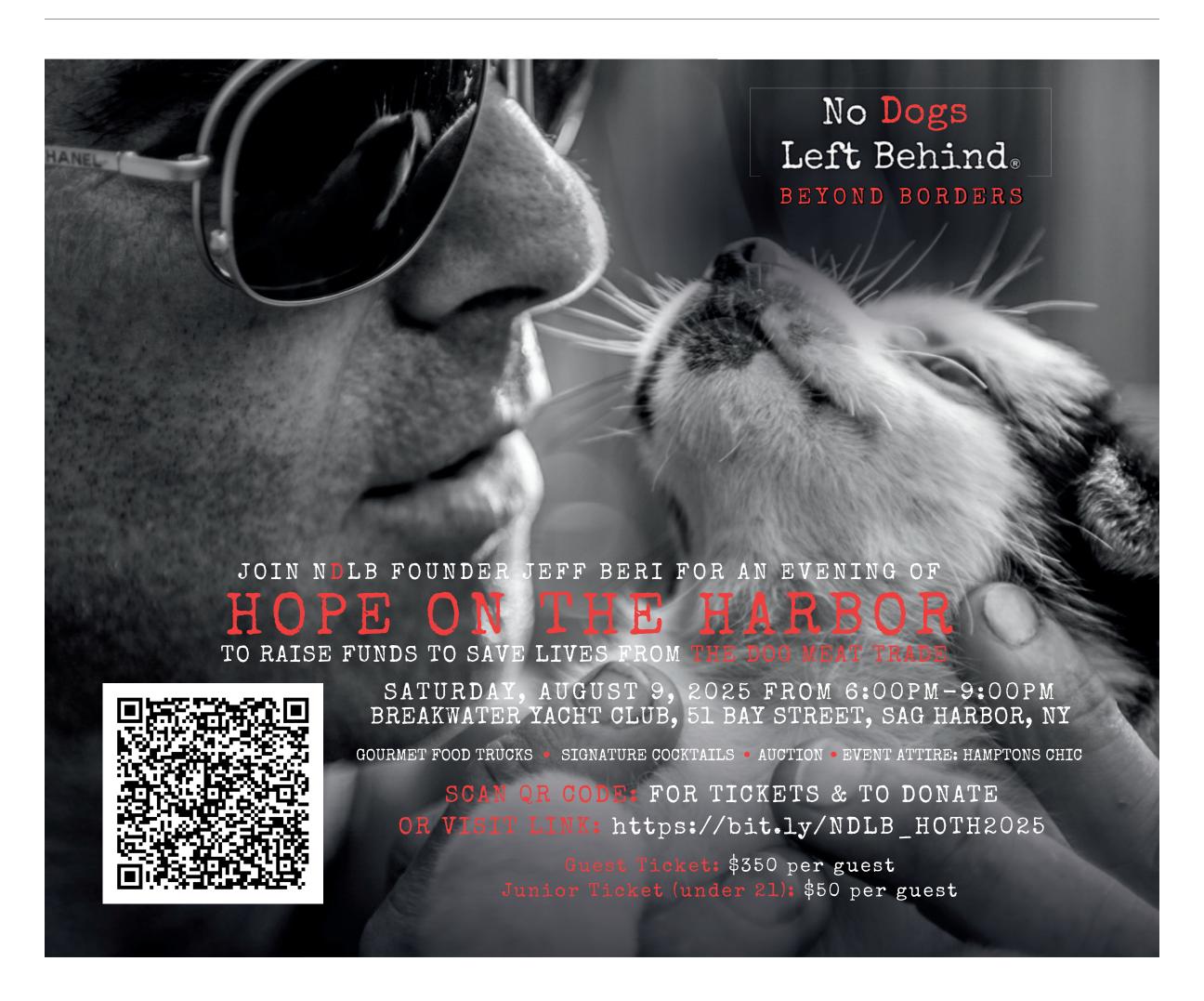
There's something incredibly peaceful about the Hamptons — the light, the sea air, the slower pace. I spent quite a bit of time in Sag Harbor a few years ago, but I haven't been back since, so I'm really looking forward to spending time in the Hamptons this summer.

Are there any new products or innovations coming up that you'd like to share with us?

Yes, we're always innovating, but I'm very



intentional about what we launch — it has to serve a real need, fit within our range, and bring something new to the table. I don't believe in launching products just for the sake of it. Without giving too much away, we're currently focusing on the eye and lip areas. We're also exploring green biotechnology and advanced delivery systems that boost efficacy without compromising on the sensorial experience — something that's really important to us



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Chuck & Ellen Scarborough

ARF Champions To Be Honored At Bow Wow Meow Ball

By Bridget LeRoy

his year, the Animal Rescue Fund of the Hamptons, affectionately known as ARF, will honor Chuck and Ellen Scarborough as the Champions of Animals at its Bow Wow Meow Ball on August 16, with Peter Marino emceeing the event. The couple, who reside in Southampton, have been involved with the nonprofit for years.

Chuck Scarborough is the longest-serving anchorman in New York's broadcast history; when he hit 50 years on the air in March of 2024, the Empire State Building was lit in blue and gold, NBC's colors, to honor him. He has received dozens of Emmy Awards and was inducted into the New York State Broadcasters Association Hall of Fame in 2005. He and Ellen have been married for over two decades — Ellen is known for her philanthropic roles, with ARF and with other deserving nonprofits receiving her compassionate attention.

We caught up with the Scarboroughs to discuss ARF, their memorable past pets, and lives

centered on community service, along with ARF executive director and CEO Kim Nichols.

So, tell me about how you initially heard about ARF and how you got involved.

Chuck Scarborough: Yes, it was —

Ellen Scarborough: — The minute I got here. (Laughs.)

CS: And that was 31 years ago, but it was before that because my mother adopted a cat from ARF. She was charmed by the name, she thought that was so cute that here was an animal rescue outfit called ARF. So she had to go get a cat from ARF.

An ARFan.

CS: Yes, an ARFan. So that was, I think, my introduction to it. After Ellen and I got married. We both loved pets. We both grew up with pets and —

ES: Dogs, cats, mice, hamsters.

CS: So we started having some fundraisers here. A lot of fun. A lot of work but a lot of fun. In the early days, ARF didn't have the fabulous facility it has now. So every year, they would fish around for some venue to raise the money for the Bow Wow Meow Ball. And so we became the venue on several occasions, and it moved around for a while until it found a home, like our animals do. It found a permanent home.

That's beautiful. So Ellen, tell me a little bit about your pets growing up. First pet, best pet, pre-Chuck.

ES: Petey, the parakeet. When he died, we put him in a cigar box and we had funeral in the backyard, and everyone was crying. (The Scarboroughs share an emotional moment, reminiscing about Petey.)

Oh, how sweet.

ES: And then we had Mike, the dog. We had Señor, the cat. His tail was run over by a car, and so he ended up with a tail this long, and he lived forever. He was a black and white cat. And then we had Fentzel and Lucille, two black cats. Lucille was part Siamese and always hated Fentzel. Fentzel was the sweetest cat in the world. And I had Mona, the mouse.

A mouse?

ES: Yes. My mother accused me of crying more over Mona's death than her mother's death.

And was it true?

ES: (Laughs.) I liked my grandmother, too. When I was a teenager, I was fostering animals at home. In my parents' home. My parents had their own rescue animals before they had children.

So they raised you to be this way?

ES: Yes.

What about you, Chuck?

CS: I had a dog, probably my third dog, a collie named Tony. But my sister had just gotten a parakeet, and we had this collie who was just a fabulous dog, but very possessive and very jealous. And when the parakeet came into the house, he was insanely jealous of the parakeet, the attention the parakeet was getting. And when the parakeet kind of calmed down, he was allowed to leave his cage.

Oh, no. I'm visualizing a bad ending here.

CS: The parakeet learned, when the collie was sleeping, to land on his head, get a grip, and squawk in both his ears. (Laughs.) And Tony would be running around the house like a lunatic, with this bird attached to his head.

So this year, you are ARF's honorees, the Champions of Animals.

CS: Well, that was a surprise. I've been the emcee for a long time. And I'm fairly comfortable in that role. (Smiles.) I'm not comfortable at all being honored.

Kim, is there anything you'd like to say about the Bow Wow Meow Ball or plans for ARF? How many animals are at the facility right now?

Kim Nichols: If you had asked me two weeks ago, we had 176, and adoptions had slowed down. But ARF has an incredible reputation because of the strength of the leadership and an incredible foresight that they have to make sure that all the medical is taken care of, the behavioral is taken care of, they're well cared for with daily care. So adoptions suddenly exploded again. And today, we have 130.

ES: Wonderful. Wow.

KN: But that being said, it takes people who

really care and know what it takes to rescue and understand the animals.

CS: There's a lot that goes into it to first rehabilitate the animal, whatever needs it has, and then to train the animals. Some of them are not completely civilized, and they need a little bit of help with that. One thing we did, the organization did, when COVID hit, was try to help people who were stressed financially and were forced by their finances to turn their pets in to the shelter. That was another heartbreak on top of heartbreak, so we started giving out food. And just recently, it's about getting inexpensive veterinary care for animals. So to keep them, instead of becoming a ward of ARF and having to be adopted, to keep them in their homes, which is much better for the families and much better for the pets.

KN: We keep it very simple. We work with the local food pantries and make sure their shelves are stocked. We are blessed to have a donor that underwrites the cost of the food for our kennel. So any food donation that comes in, we send it out to the food pantries. And so many people are generous and stop by. So we're able to make sure that there's plenty.

ES: And the training facility is just remarkable. When you think of so many people adopting animals, and they just don't have any clue that if the animal isn't really ready to be in the home, ARF's training facility takes care of that and makes sure that they're sociable.

CS: Well, I think we're just blessed to have an organization like ARF. There are a number of really good animal organizations, animal foundations out here, but ARF, I think, has set a very high bar at every level, in every way.

ES: It's so successful because it's successful for the animals and successful matching people with the animals. Everybody wins!

For more information about ARF and the Bow Wow Meow Ball, along with ARF's other community events, visit arfhamptons.org.

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Summer Wellness Retreat

The Pridwin Hotel & Cottages Partners With ONDA Beauty For An Exclusive Waterfront Spa Experience

his summer, The Pridwin Hotel & Cottages on Shelter Island has partnered with ONDA Beauty, a clean beauty and wellness destination in Tribeca. Available through September 1, the collaboration brings ONDA's renowned treatments, curated products, and signature holistic ethos to The Pridwin's waterfront setting for a limited-time pop-up wellness experience.

Nestled against the tranquil backdrop of The Pridwin's historic waterfront property, ONDA Beauty's summer residency features expertled services from a scenic spa treatment room overlooking the water.

"We're so excited to welcome ONDA Beauty to The Pridwin this summer," said Ramon Serrano, General Manager of The Pridwin Hotel & Cottages. "This partnership brings a fresh layer of luxury and wellbeing to our guest experience, combining ONDA's trusted expertise in clean beauty with our commitment to thoughtful, restorative hospitality. It's the perfect complement to a summer on Shelter Island."

Available to both hotel guests and day visitors, treatments encompass a range of options tailored to meet different skin needs. The Signature Facial, available in both 60-minute and 90-minute sessions, offers a customized experience using clean, high-performance products. For those seeking a quick refresh, the Glow on the Go offers an express option for preparing for events or evenings out. The Pure + Essential treatment is specially formulated for sensitive skin types, ensuring gentle yet effective care. For added lifting and

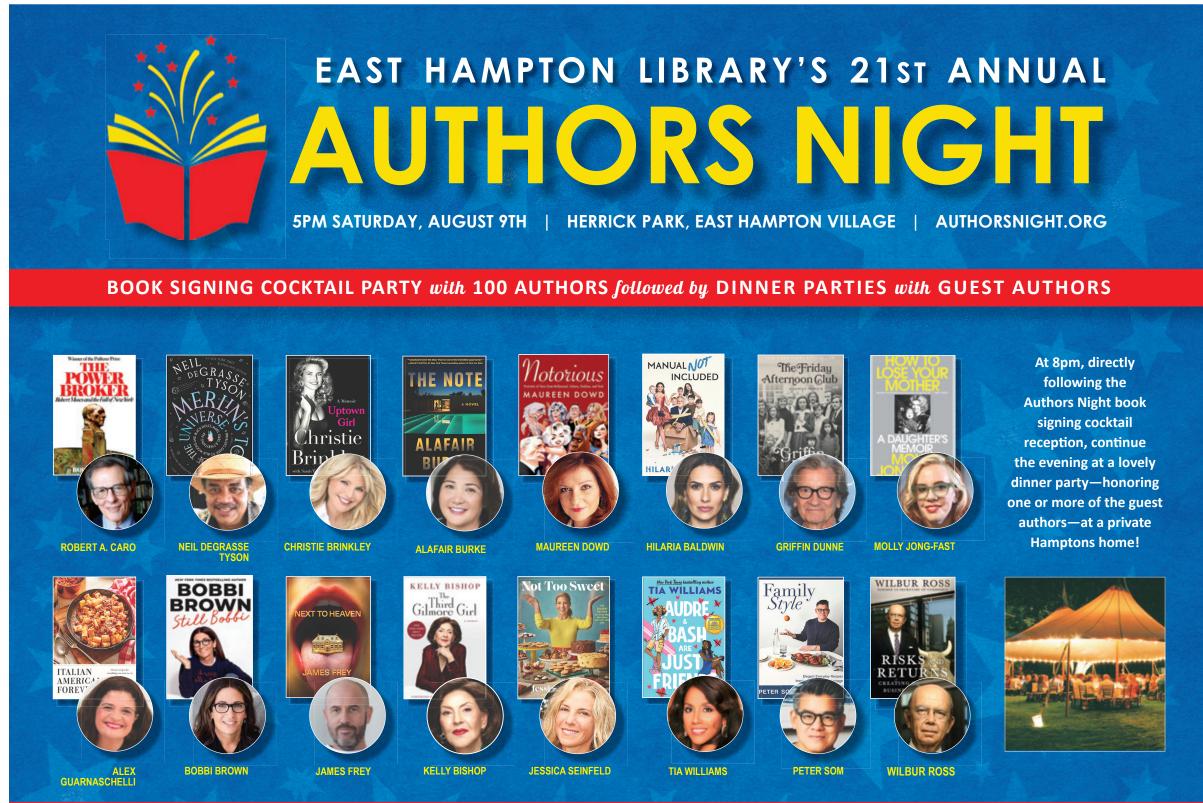


contouring benefits, the Lift + Sculpt facial employs toning techniques to enhance facial structure. The ONDA Luxe offers the ultimate luxury facial experience dedicated to total rejuvenation.

"We're thrilled to bring our innovative, effective skincare solutions and clean beauty products to The Pridwin Shelter Island this summer," said Larissa Thomson, ONDA Beauty Founder. "This partnership allows us to serve clients in an exceptional setting with our highly trained and passionate practitioners who tailor every treatment to the individual's needs. The Pridwin's environment and aesthetic create the perfect backdrop for ONDA's signature services."

The pop-up also features a retail experience, offering guests the opportunity to shop a selection of ONDA's most beloved clean beauty and wellness products on-site, allowing guests to bring a piece of their wellness journey home.

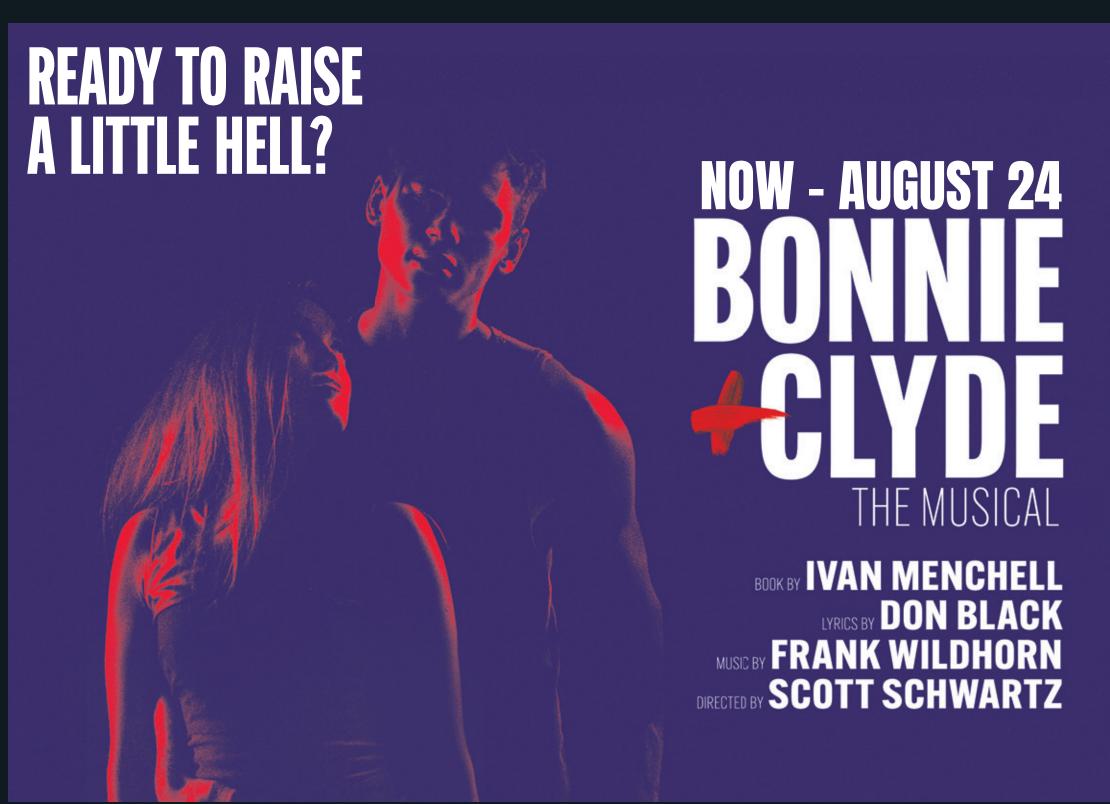




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Authors Night

The Premier Literary Event Of The Hamptons

n Saturday, August 9, the East Hampton Library will present its 21st Annual Authors Night fundraiser. One of the most popular and celebrity-studded events of the Hamptons' summer calendar, Authors Night features 100 authors across all genres. The "Premier Literary Event of the Hamptons" has grown over its history to become one of the most successful celebrations of books and authors in America, and one of the largest library-author events of its kind in the country.

"As we celebrate the 21st anniversary of Authors Night, we're excited to once again bring this beloved event to the heart of East Hampton Village," said Dennis Fabiszak, Director of the East Hampton Library. "The funds raised at Authors Night allow us to continue offering essential programs and services at the library — completely free of charge — to our diverse community all year long."

The evening begins at 5 PM with the Authors Cocktail Party reception under a grand

tent, where guests enjoy delicious hors d'oeuvres and wine, meet and mingle with the authors, buy their books, and have them personally inscribed. At 8 PM, guests with higher-level tickets continue the evening at one of the Author Dinner Parties, held at private homes in honor of one or more of the guest authors.

Participation authors include Lili Anolik, Elyce Arons, Sean Avery, Barry Avrich, Hilaria Baldwin, Kelly Bishop, Christie Brinkley, Bobbi Brown, Daria Burke, Alafair Burke, Nathaniel Butler, Blue Carreon, Robert A. Caro, Tom Clavin, Griffin Dunne, Maureen Dowd, James Frey, Paul Goldberger, Michael M. Grynbaum, Alex Guarnaschelli, Alice Harris, Helen A. Harrison, Madeleine Henry, A.M. Homes, Molly Jong-Fast, Lola Kirke, Nicola Kraus, Setha Low, Thomas Maier, Mary Ellen Matthews, Rue Matthiessen, Susan Morrison, David Netto, Annabel Monaghan, Zibby Owens, Owen Pataki, Chris Pavone, Dr. Nicholas Perricone, Jane L. Rosen, Jill Santopolo, Jessica Seinfeld, Peter Som, Christina Tosi, Neil deGrasse Tyson, Glyn Vincent, Cynthia Weiner, Chris Whipple, Thomas Chatterton Williams, Tia Williams, Julian Zelizer, and many more.

Upcoming Events

Fundraisers On The East End

Guild Hall's Summer Gala — an evening of art, dining, and celebration — will be held on Friday, August 1. This special evening will bring together patrons and artists to celebrate the opening of "Mary Heilmann: Water Way" and "Joel Mesler: Miles of Smiles." Summer Gala honorees are Trustee Louise Phanstiel and Howie Phanstiel.

The Southampton Hospital Foundation presents the 67th Annual Summer Party on Saturday, August 2. Join for a night of Moroccan magic, where vibrant colors and rich flavors come to life. The Southampton Hospital Foundation and Chair Sarah Wetenhall present the 67th Annual Summer Party to benefit Stony Brook Southampton Hospital.

The 25th annual School's Out benefit on Saturday, August 2, raises money to ensure that Hetrick-Martin Institute's young people have the resources they need through the summer months when schools are closed. The Host Committee includes Andy Cohen, Countess Luann de Lesseps, Rufus Wainwright, Kelly Bensimon, Candace Bushnell, among others, and will feature Aqualillies — a renowned group of synchronized swimmers. HMI has been serving LGBTQIA+ youth since 1979.

Share the Harvest Farm will host its Summer Soirée on Sunday, August 3. Enjoy farm-fresh fare, local libations, and live music by the HooDoo Loungers.

NYC Second Chance Rescue will host its fourth annual Hamptons Benefit on August 8 at a private estate in Water Mill. This year's benefit will pay tribute to acclaimed actress and dedicated animal advocate Alexandra Daddario, alongside her beloved rescue dog Eunice.

The Surfrider Foundation, a nonprofit grass-roots organization dedicated to the protection of our world's ocean, waves, and beaches, presents its annual One Ocean gala on August 9 at The Crows Nest in Montauk. The event will honor Taylor and Liev Schreiber.

Join No Dogs Left Behind founder Jeff Beri for an evening of Hope on the Harbor to raise funds to save lives from the dog meat trade. The event will be held on Saturday, August 9, at Breakwater Yacht Club. Enjoy gourmet food trucks, signature cocktails, and an auction.

The Amber Waves Farm Hoedown Fundraiser will be held on Friday, August 15. Enjoy an evening on the farm with snacks, drinks, and dancing, to support Amber Waves.

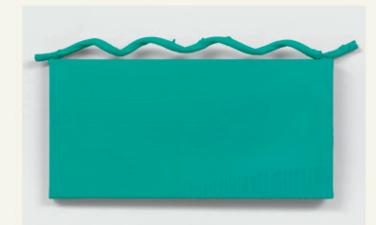
South Fork Sea Farmers is hosting "Shell It Out," a fundraiser on August 17, with proceeds benefiting both its reef-building programs and student scholarships for local East End youth who are pursuing studies in marine science, sustainability, or environmental stewardship.

Southampton Arts Center presents its 10th annual SummerFest Gala on Saturday, August 23, on the grounds of the SAC to benefit its mission to develop community building through the arts. The event will honor Christine Mack with the Champion of the Arts Award in recognition of her dedication to the arts and founding the Mack Art Foundation and Greenpoint Studios, a residency program supporting emerging artists from outside New York City.



Guild Hall

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ON VIEW THROUGH OCTOBER 26

JOEL MESLER: MILES OF SMILES



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8/13: 123 ANDRÉS

8/20: MUSIC FROM THE SOLE + OFVS

8/27: PUPPY PALS LIVE!



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9/7: Chef Andrew Carmellini



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SATURDAY, AUGUST 16, 8 PM
THE FITZGERALDS:
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DANCE / MUSIC
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The Hyve

Kim Lenar-Ehrhardt On The Transformation From Hamptons BossMoms To The Hyve Hamptons

By Jessica Mackin-Cipro



im Lenar-Ehrhardt is the founder and CEO of The Hyve Hamptons, formerly known as Hamptons BossMoms. It's a group designed to empower women personally and in business. We spoke to Kim to learn more.

What inspired you to create Hamptons BossMoms, and how did it all begin?

It all began with the idea to do a podcast series. I had met so many amazing women out here, and I wanted to share their stories — to inspire others with their journeys and show what it really looks like to build something meaningful. My whole background is in journalism and media; I was an executive producer for one of Germany's most-watched TV shows and ran a media agency for camera and media training in Berlin before moving to the Hamptons. So storytelling is my natural

But once I started gathering stories, I realized something bigger was happening. In March 2023, I invited a few women to meet in person — to talk business, life, and everything in between — and that first conversation was magic. It was honest, raw, and refreshingly unfiltered. They asked if we could do it again.

Two weeks later, we met again — and doubled in size. We completely took over Tutto Caffé (who kindly asked us not to do that again). That second meetup ended with someone saying, "We need a directory. We need to stay in touch." That was the lightbulb moment. In May 2023, I officially launched Hamptons BossMoms with 17 of my personal friends. It grew fast — because the need was real.

And that original podcast idea? It lives on.



We now have Hamptons Hustle & Heart, our official podcast and video series, where members share their pivots, their purpose, and their power moves. It's still about storytelling — but now it's part of a much bigger, living, breathing community.

And let's be honest: with women, it's never just business. Our meetups became this beautiful mix of business strategy, personal growth, and a safe space to say, "Here's what I'm really struggling with right now." That honesty that depth — is what made it stick.

Can you tell us about the rebrand to The Hyve?

The name "Hamptons BossMoms" was perfect to start all of this, get the attention and recognition. It served us beautifully but it started to box us in. Women would message me asking, "Is this just for moms?" Or worse, they didn't ask at all — they just assumed they didn't belong. I'll never forget when the amazing Amanda Duckstein from Shadowbox Pilates (who is not a mom) joined and shared about it — people were genuinely

That was my cue: if the name is making some women feel excluded from something that was meant to include them, we needed to evolve. So we became The Hyve Hamptons. Still the same soul, but now with a name that reflects where we're going. "Hyve" symbolizes connection, collective energy, and yes — with a Y — for Your Why. It's a quiet nod to doing things differently. Building with intention. Leading with clarity. The four dots in our logo are playing with the morse code alphabet they stand for the letter H.

Was there a defining moment when you realized the group was going to make a real impact?

There wasn't one lightning strike — but more like a series of steady sparks. One moment that really stands out was a coffee I had with Gabriella Ciamillo, one of our members and a brilliant financial advisor. She looked at me and said, "Kim... is this your business?" And I paused — and realized... yes. It is.

That conversation gave me permission to treat The Hyve like the living, growing entity it had

become. We moved our community to the Circle platform, invested in better infrastructure, and really leaned into the power of what we were creating.

Then something magical happened: the ripple effect. After summer last year, when the Hamptons slows down and we all exhale, women came back from the chaos craving connection. I got emails like, "I met one of your members on the Jitney, and I need to be a part of this." It wasn't just a group anymore — it was a movement. A real, soul-fueled support system.

How would you describe the mission and core values of The Hyve?

The Hyve is here to help women grow — personally, professionally, and in full alignment with their purpose. We're rooted in connection over competition. Strategy, yes — but also soul. We're for the women who are building something real — not just for success, but for legacy. We believe in feminine leadership, in saying yes to reinvention, and in building businesses (and lives) that actually feel good.



Kiss & Tell

By Heather Buchanan

Hips Up, Tits Up

here was a summer my friend Felicia was determined to learn to water ski. She hired a boat and instructors to take her out numerous mornings in Sag Harbor. While she had many fancy friends who would go in on this, the 8 AM time frame did not fit their post Bibloquet hangover. Although I am in no way a morning person, I was happy to enjoy the outing any time I was invited. We had two incredibly cute guys who were the instructors. While a little rough around the edges, they were actually incredibly patient and kind with Felica and her struggles to rise gracefully out of the water to glide on the two skis. In a caring way, which I hoped came across as more motherly than cougar, I lectured them on their breakfast of champions, Red Bull and Doritos. I began baking fresh muffins and bringing green juice to our morning sessions.

I am not a great water skier like those post-

cards with those long-legged aqua Rockettes, but I could hold my own without embarrassing face plants and only one serious wardrobe malfunction (my left breast is always the exhibitionist). Felicia, however, struggled. In water skiing, there is a moment when you are in the water and have gotten both of the skis on and have a hold of the bar at the edge of the rope and have gotten yourself out of an ungraceful, tangled mess with your hand between your legs, being turned over like a capsized turtle. This is when you raise a hand to give a thumbs-up to have them hit the

The perfect balance comes from the patience of letting the boat pull you up, instead of you pulling yourself up. You arise out of the water and are trying to get your bearings, where it feels like each of your limbs is on a mission independent of each other. You feel the breeze on your wet skin, the whoop of the instructor, hear the slapping of the skis on water, and then, glushhhh! Defeat and you have to sit in the float of shame until the

boat pulls around for you to try again.

As Felicia and I got to know our guys, they loosened up and started regaling us with their drinking and sex stories. Who knew a woman with a cough could be attractive in a sort of Kegel exercise way, or that guys would put ketchup in a buddy's shoe as a joke? As they started treating us as part of their tribe, they finally just spoke frankly to Felicia.

As she sat defeated in the water after another failed attempt to get up, one said, "Felicia. Hips up, tits up!" And lo and behold, she got it. She rose out of the water like a phoenix rising from the ashes and enjoyed a whole spin around the harbor. I took a picture for her so she could always remember the moment she got it, her triumph. I printed and framed the picture as a thank-you gift.

While I would not expect water skiing to be a place for life lessons, this one struck. You just need one right instruction to unlock success. I often think of that summer whenever I

remember Felicia. She had a life more sinking into the depths than rising above the surface. I would say fondly, "Bye, Felicia," but in the same way you might have greeted someone, "Hi Karen," it doesn't have the same ring. Even though Felicia's last chapter seemed to be a happy one with a new husband, home, and her trusty Pomeranian, clearly, all was not well. I wish I could have seen her struggling to get up and had the magic phrase that would lead her to rise up and glide through her life. Alas, I did not have the "hips up, tits up" perfect advice. But when I get out on the water, I do remember: don't try to pull yourself up, let the boat (hopefully with some cute, fun instructor driving) do the work.

Heather Buchanan is an award-winning writer recognized for "Best Column" and "Best Humor Column" from both the National Association of Newspaper Columnists and the Press Club of Long Island. She recently took home the 2025 first-place humor column from the National Association of Newspaper Columnists.

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Editor's Note

Telcome to the pages of our August issue! Summer is in full swing, and we are loving every moment. We hope you take the time to enjoy both the simple pleasures of summer and the vibrant energy that the East End has to offer.

We are thrilled to feature Brooke Shields on our cover, where we discuss life on the East End and her work with Prospect Pet.

We hope you enjoy the features and interviews we've curated for this issue, and we wish everyone a wonderful summer!

> Jessica Mackin-Cipro Editor-in-Chief, James Lane Post



Veronica Lynn Clark

Hosts 'One Human' Retreat, In Collaboration With Wave Wellness

By Jessica Mackin-Cipro

eronica Lynn Clark is dedicated to helping individuals reconnect with themselves, heal past wounds, and build lives full of meaning, joy, and authenticity through a combination of yoga, meditation, somatic healing, and intimacy coaching. We interviewed Veronica to learn more about her before her "One Human" retreat, in collaboration with Wave Wellness, which starts on August 18.

Can you tell us about your personal transformation and journey to becoming a Somatic Experiencing Practitioner, Intimacy Coach, and Transformational Speaker?

My journey into this work wasn't a straight line — and it definitely wasn't a plan. I didn't set out to become a Somatic Experiencing Practitioner or an intimacy coach. I set out to try to find myself again after everything I thought I was supposed to be started falling apart. There was divorce. Loss. Layers of identity I had wrapped myself in — who I was as a partner, a woman, a mother — all unraveling. I had to rebuild not from the outside in, but from the inside out. And that meant learning how to feel again. Learning how to be with the pain, the confusion, the quiet. Learning how to reconnect with my body and ask it what it remembered, what it still carried, what it needed. I had to learn how to come home to myself. How to meet the parts

of me that were hurting without judgment. How to reclaim my voice, my body, my worth, and my right to be fully alive. I didn't find that in a book. I found it by crawling through the hard places — grief, shame, survival — and slowly learning how to stand back up with love and compassion for myself.

These questions led me to the path of intimacy — into me see, into myself see. And that's where I began. Not with someone else seeing me. With me seeing myself. This is what I teach other people now. But more than teaching — it's living it. Because it's such an essential piece of our human experience: to learn how to be intimate with ourselves. At some point, I realized: I have to be my own best friend. I had to stop outsourcing my worth and start showing up for myself in a way I never had. And again, you hear these things, but how do you do that? For me, the mirror was telling me this: you have to be your friend. Not in concept. In practice. In the hard moments.

Eventually, I found my way to Somatic Experiencing. It gave language and tools to what I had already begun healing intuitively. From there, I trained in intimacy work and began teaching what I had lived — how to regulate, how to relate, how to reconnect to your own truth. Becoming a speaker wasn't a goal — it was a result of telling the truth out loud and realizing how much people needed to hear it. I've had to walk through that same journey that I walk other people through. And it's

not because I read it from a book, or because I went to school. It was because I had the hard knocks life of having to, like, crawl over broken glass and figure out how to stand up and keep on walking, even though it felt really hard, and how to do that in the most loving and kind and compassionate way to myself and for myself. And I believe that's why I resonate with so many audiences.

How would you describe your teaching style?

My teaching style is highly embodied, experiential, and relational. I create spaces that are cocreated in real time — where people are invited to bring their full selves and not just consume information, but actually feel it in their bodies, try it on through lived experience, and discover what it means for them personally.

I blend somatic practices, self-inquiry, group exercises, movement, and ritual in a way that helps people reconnect — not just with the material, but with themselves, and with each other. My work is about guiding people back to what's already within them — truths they may have forgotten, parts of themselves they've disconnected from, and capacities that have been buried under survival, performance, or conditioning.

Presence, safety, and compassion are foundational. These spaces invite people to slow down, notice what's happening in their bodies, and explore their inner world with curiosity instead of critique. The work goes beyond intellectual understanding, because real transformation happens in the body — not just in the mind.

Every class I offer is alive. I don't show up with a rigid agenda. I show up with presence and a deep trust in the intelligence of the space. I see everyone as both teacher and learner — including myself. I'm not here to talk at people. I'm here to be in relationship with the room.

Tell us about your retreats and the upcoming "One Human," hosted in partnership with Wave Wellness.

My retreats are immersive, transformational experiences designed to help people reconnect with themselves, heal old stories, and cultivate deep self-love and community.

They're spaces where nothing has to be performed or perfected — just felt, explored, and met with compassion.



The upcoming One Human retreat, hosted in partnership with Wave Wellness on August 18, is rooted in the principles of yoga, self-inquiry, and embodied practice. It invites participants to explore what it means to be one human — to move beyond the stories and roles we carry, and into a space of union, compassion, and presence.

The day includes yoga, breathwork, journaling, group exercises, and practices that foster connection, vulnerability, and self-acceptance. But more than anything, it's about being in a space where everyone is welcome as they are — no masks, no pressure. The experience is shaped by who's in the room — by the realness people bring, the willingness to show up, and the safety we create together.

As part of the Wave Wellness Residency, I'll

also be offering a special evening on August 21 to share reflections from my upcoming book, "To Be Aligned." We'll talk about what it means to live from a place of inner integrity — not as a concept, but as a felt experience; a Yin Yoga class on August 21, focused on nervous system regulation and slowing down enough to actually hear yourself; a Power Yoga class on August 22, rooted in breath and intentional movement — not force, but presence; and I'll be offering private sessions throughout the week for community members who want to go deeper — whether it's emotional repair, embodiment, or clarity around their own healing path.

Everything I do in these spaces comes back to this: we are human. We are wired for connection. And we all deserve places where we can be met as we are, without needing to be more or less of anything.

The Healing Power Of Horses

CTREE Annual Benefit August 21 At Sebonack

By Heather Buchanan

n the midst of complaints about summer traffic, overbooked restaurants, and the price of lobster salad, there is a very special place of hope that puts everything in perspective. It is a ring on a beautiful farm where a horse and a child find each other and connect, a knowing and trust beyond traditional communication. A smile grows as the pair moves forward into a better future, "Walk on."

The Center for Therapeutic Riding of the East End (CTREE), a not-for-profit organization located on Eastern Long Island, has harnessed, literally, the healing power of horses and uses its programs to bring not only joy but physical, emotional, and social well-being to its special needs participants. Executive Director Cathleen Curran commented, "These

horses change these kids in so many ways. Also, for the caregiver, to see your child with so many struggles so happy is really rewarding. Their physical therapy is usually in offices with doctors, and it's nice for them to do something interactive outside with another animal, and that's fun."

The program is extremely grateful to the Topping Riding Club in Sagaponack for its current home. Cathleen said, "It's such a welcoming environment, and the students, instructors, volunteers, and especially the horses love it. There are beautiful pastures, an ocean breeze, and with an indoor ring, we can operate year-round."

There is enormous excitement this year at CTREE for their aptly named rider, Hamp-

ton, who will be competing in the renowned Hampton Classic Horse Show. Hampton qualified at local shows in the Long Island Horse Show Series for Riders with Disabilities. The Hampton Classic makes a special effort during these classes on Monday, August 25, to have a dedicated Chalet for lunch and even a world-class grand prix rider come to greet the participants.

Hampton, now 11, has been working with the same PATH-certified instructor, Shannon Bozzuto Chant, since he was five. It is a testament to the rider, instructor, incredibly dedicated parents, and also, of course, trusty mount "Lucky" who takes care of his precious cargo.

"I started with Hampton when he was five years old. He came to us minimally verbal, and it wasn't easy for him to follow directions," Shannon recounted, "But we noticed his hand-eye coordination was amazing. We unlocked something in him that he is a kinesthetic learner who has to do the thing to learn. He has been flying with lessons and now will spontaneously say things. It warms our hearts."

Instructors understand the science behind the interaction with the horses. Shannon explained, "With Hampton, the horse's movement stimulates the vestibular system, which engages speech." The vestibular system, crucial for balance and spatial orientation, significantly impacts speech development and auditory processing.

Shannon was worried that Hampton, who is on the autism spectrum, might find horse shows too stimulating with too much noise. "I wondered if I was overdoing it," she said, "But then his parents recounted he said, 'Horse show now,' the whole way to the latest competition." Shannon acknowledges the incredible support of Hampton's parents and family. They even get support from a donated trailer to get Lucky to the show, and The Rider's Closet, started by Georgina Bloomberg, to



provide show clothes.

Hampton's enjoyment is clear (he even has his own Instagram page), and he has also learned to show empathy to his horse, "He will just drop the reins and hug Lucky around the neck," Shannon said, adding with a laugh, "Although it was still the middle of the competition."

For Shannon and the other instructors, Jill Carney and Jessica Garcia, it is a labor of love, and Cathleen acknowledges they are the backbone of the program, filling all roles. Shannon commented, "I work a full-time job and live middle-island and even if I show up

tired or with a headache, it fixes me. I am selfish because being there makes me feel good. You see what these kids have gone through and their challenges, and to see them connect, I get goose bumps."

A large portion of CTREE's budget is raised through their annual fundraiser, Horses Changing Lives Sunset Cocktails at Sebonack Golf Club in Southampton, with Event Co-Chairs Chris Ritchey and Helen Gifford and Honorary Chair Joey Wölffer. Held on Thursday, August 21, from 6 to 8 PM, the event features music, cocktails, hors d'oeuvres, and a silent auction. Tickets are available at ctreeny. org, and bidding is also available online.



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